# Clinical Sequencing @

## Medical College of Wisconsin

Howard J. Jacob, Ph.D.

http://www.mcw.edu/HMGC







# Overview of my talk

- Diagnostic Odyssey Program.
  - Initial case
  - Laboratory certification sequencing lab and analysis tool
  - Selection of patients—why we have a clinical board
  - Consent and Ethics
- Whole Genome Sequence Analysis
  - Limitations.
  - Opportunities
- Genomic sequencing in the clinic as another laboratory method
  - Clinical delivery and getting it paid for







# Mission Statement (Oct. 1999)

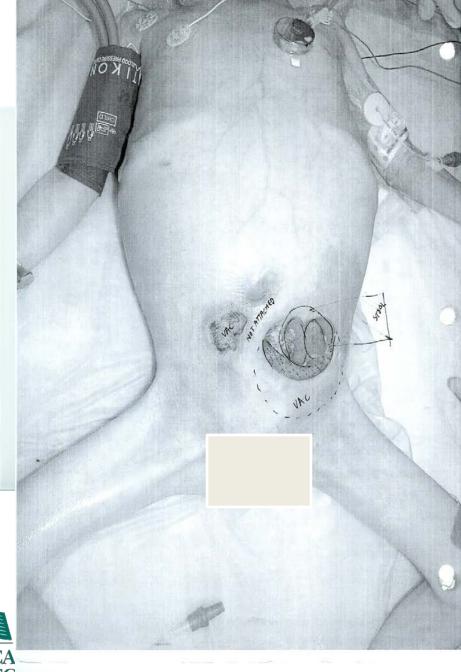
- Enable researchers and clinicians at MCW to use the genomic sequence to understand disease, improve diagnosis and ultimately improve treatment of our patients in our affiliated hospitals.
- 2004 Goal: Genomics Sequence in the Clinic in 2014





















as Volker is a little boy with a rare, devastating disease. In a desperate bid to sin doctors must decide: Is it time to push medicine's frontier?

Sifting through the DNA baystock - Part 2

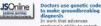




low they hope a new immune Read More ....



Medical College of Wisconsin's Human and Molecular Genetics medical mystery," in a chat.



genes and pinpointed the genetic trigger of an illness that had haffled doctors

to make groundbreaking diagnosis
In work that advances
medicine's ability to search
r genes for the causes of disease, researchers from Wisconsin have sequenced a young boy's



Children's Hospital

and Health System™

For the First Time, D Sequencing Technole Saves A Child's Life Popular Science - 1/6/2 Proponents of genetic medicine say DNA

NIH director touts Volker DNA research at Medical

College Feb. 3, 2011: Nic, a 6-year-

Sequencing A Child's DNA

— And Convincing An

Elizabeth Worthey worked o

ent of a patient based on DNA

HMGC Featured on Today

boy, 6, from rare iline

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old whose story was chronicled in a Journal Sentinel series, is one of three patients highlighted in an essay by Francis S.

Collins, director of the National Institutes of Health

Nic Volker case may be the leading edge of a wave moving across genetic medicine. Feb. 27, 2013. 1- 1n a sign that medicine is crossing a technological threshold, a few hospitals and medical centeria around the country are taking their first steps to follow up on the present deferment with the country are taking their first steps to follow up on the present deferment with the country are taking their first steps to follow up on the present deferment with the country are taking their steps.

the success of doctors in Wisconsin...

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Forbes

sequencing is the future of medicine and th every truly sick person will have his or her



Genetics Médicine

Lake Effect

**Genetics in Medicine** Genetics in Medicine: A timely val for genomic medicine Read More..

Persistent Mom &

to some patients - and their doctors. Howard

Medical College of Wisconsin.

Jacob is the head of the genetics center at the

scientific symposium on Friday, Feb. 11, 2011. NIH Director Frances Collins

speaks on the Clinical Application of Genomic

JSOnline | A baffling illness

Dedicated Doc Save Boy Milwaukee Public Radio, February 9, 2011: Major

medical advances in DNA sequencing is offering promise

Anticipating the Next Decade of the Genome

NHGRI hosted a day-long

Francis Collins, Director



removal of his colon.

Read More ....

Forbes

Medical Mystery: DNA Breakthrough in Milwaukee TODAY'S TM34 is teaming up

The First Child Saved By DNA Sequencing Forbes, Jan. 5, 2011: Since he

Nicholas Volker's intestine had

been danoerously inflamed.

with the Milwaukee Journal Sentinel to bring you a story of hope, enhanced by the power of science. It's a

desperate bid to save a little boy's life, involving an idea years ahead of its time.

necessitating a hundred surgeries including the



The Human Genome, 10 Years Later What have we learned about the genome and what hurdles still remain? It's been ten

years since Science and Nature, the two most prestigious science journals in the world, published the first detailed look at the sequence of the Read More...



Making a definitive diagnosis Successful clinical application of whole exome sequencing in a child with intractable inflammatory bowel disease Read More...

Office of Public Affairs

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La secuencia de ADN que salvó al pequeño Nicholas (en Español): EE UU usa por primera vez esta

técnica para evitar la muerte de un enfermo. Read More





El primer nino salvado por el ADN Accesso, January 31, 2011: La secuenciación del ADN del niño Nicholas Volker, ha permitido

detectar la rara enfermedad que padecía y poder llevar a cabo el trasplante con células madre de cordón umbilical que necesitaba.

Read More...

Die Presse.com

Wo blieb die Genom-Revolution Die Presse.com, 2/4/2011: Zehn Jahre nach der Sequenzierung der DNA des Menschen macht sich Ernüchterung breit: Der erhoffte

Nutzen für die Medizin ist weithin ausgeblieben. Ärzte beklagen mangelndes Wissen. Sie fühlen sich überfordert.

ncia do genoma

< Prev | Table of Contents | Next > to do genoma

Nicholas Volker, 6 ans, sauvé grâce au déchiffrage de son ADN Depuis l'âge de 15 mois, Nicholas Volker

souffre d'inflammation intraitable des intestins.

Vom Genom zur Epigenetik

war gerade zwei Jahre alt, als sich in seinem Darm so viele Fisteln

让基因组测序造福临床诊断

康保险公司愿意支付测序的费用,条件是它比传统的基因检测更便宜。

bildeten, dass er kaum noch etwas essen konnte.

Vor zehn Jahren wurde die vollständige

veröffentlicht. Nic Volker aus Madison (USA)

在全日和東京主傷物不久员们正迈出开创性的步骤,使全基因组测序成为罕见遗传性疾病儿童的诊断测试标准的一部分,这些疾病不易被传统方法诊断测试标准的一部分,这些疾病不易被传统方法诊

El primer niño salvado por el ADN

cabo el trasplante con células madre de

Feb. 15, 2011: La secuenciación del ADN del

niño Nicholas Volker, ha permitido detectar la

rara enfermedad que padecía y poder llevar a

Sociedad Europea de Genética Médica ::

El Médico Interactivo, Diario Electrónico

Genética Médica pide a España la inclusión de

March 21, 2011: La Sociedad Europea de

Sequenz des menschlichen Erbguts

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Ivida

cordón umbilical que necesitaba.

la especialidad en nuestro país

Science 4 February 2011:

Analysis.

Vol. 331 no. 6017 p. 546 DOI: 10.1126/science.1202894

**ESSAYS ON SCIENCE AND SOCIETY** 

GENOME-SEQUENCING ANNIVERSARY

#### Faces of the Genome

Francis S. Collins

Author Affiliations

Director, National Institutes of Health, Bethesda, MD, USA.

When the draft sequence of the human genome was published in February 2001, Nature and Science featured human faces on their covers. As striking as these images were, they could be seen as more art than science, because systematic genome-wide sequencing had yet to be applied to individuals for medical purposes. What a difference a decade makes. Real faces are now appearing that demonstrate the medical value of comprehensive genome sequencing

SENTINEL

CREDIT: MILWAUKEE (WISCONSIN) JOURNAL



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MEDICAL



**Human and Molecular Genetics Center** 

# Milwaukee Approach

- Nominated by Two Physicians
  - End a diagnostic odyssey
  - Actionable
- Case Review
- Consent
- Genome Sequencing
- Data Analysis
- Follow-up Counseling







## Case Assessment: Guiding Principles

- Reasonable clinical testing has been performed\*
- Likely to obtain a genetic etiology:
  - Monogenic etiology
  - Distinctive/unique phenotypes more likely to have definable result
- Ability of WGS to assist/enhance medical decisionmaking
- Ability to conclude WGS assessment:
  - Parent(s) available
  - Appropriate tissue/DNA available for confirmation
- Monetary cost/benefit consideration







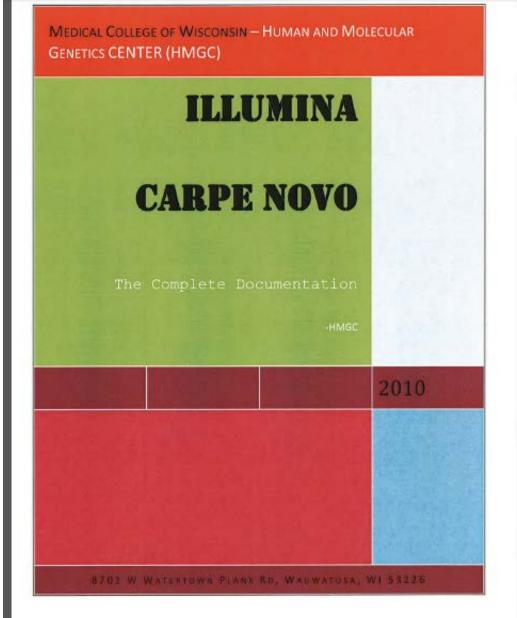
### **Genetics Consent**

- Genetics Assessment
  - Evaluation by MD geneticist (if not done)
  - Pedigree by Genetic Counselor (4 generation)
- Consent Process and discussions of data return
  - Multiple consent counseling sessions
  - Family has time to consider testing and data return
  - Followed by written consent
- Total Average Time: 6-8 hours















### Limitations

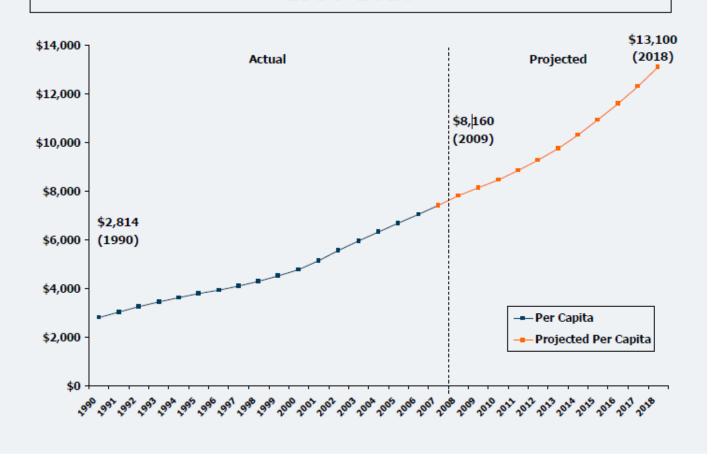
- What does actionable mean?
- Alignment vs. de novo assembly
- Limited availability of genomic sequence
- Little clinical data available
- Questions of clinical utility and value







# Exhibit 1: National Health Expenditures per Capita, 1990-2018



Kaiser Family Foundation March 2009







August 7, 2009

Honorable Nathan Deal Ranking Member Subcommittee on Health Committee on Energy and Commerce U.S. House of Representatives Washington, DC 20515

#### Dear Congressman:

This letter responds to the question you asked at a July 16, 2009, committee markup concerning the Congressional Budget Office's (CBO's) analysis of the budgetary effects of proposals to expand governmental support for preventive medical care and wellness services. Specifically, you asked whether the agency's scoring methods reflect potential reductions in federal costs from improvements in health that might result from expanded support for those activities. <sup>1</sup>

#### Preventive Medical Care

Preventive medical care includes services such as cancer screening, cholesterol management, and vaccines. In making its estimates of the budgetary effects of expanded governmental support for preventive care, CBO takes into account any estimated savings that would result from greater use of such care as well as the estimated costs of that additional care. Although different types of preventive care have different effects on spending, the evidence suggests that for most preventive services, expanded utilization leads to higher, not lower, medical spending overall.

That result may seem counterintuitive. For example, many observers point to cases in which a simple medical test, if given early enough, can reveal a condition that is treatable at a fraction of the cost of treating that same illness after it has progressed. In such cases, an ounce of prevention improves health and reduces spending—for that individual. But when analyzing the effects of preventive care on total spending for health care, it is important to recognize that doctors do not know beforehand which patients are going to develop costly illnesses. To avert one case of acute illness, it is usually necessary to provide preventive care to many patients, most of whom would not have suffered that illness anyway. Even





<sup>&</sup>lt;sup>1</sup> For additional information on both topics, see Congressional Budget Office, Key Issues in Analyzing Major Health Insurance Proposals (December 2008), pp. 132–139.

Figure 1: One Size Does Not Fit All

NTI-DEPRESSANTS	38%	
SSRI's)		TATATATATA
ASTHMA DRUGS  DIABETES DRUGS  ARTHRITIS DRUGS  ALZHEIMER'S DRUGS	40%	<b>TRATATA</b>
	43%	†††††††
	50% 70%	ŤŤŤŤŤŤŤ
		<b>TRATATA</b>
CANCER DRUGS	75%	<b>MANAGE</b>
		ռուռուուուու

Source of data: Brian B. Spear, Margo Heath-Chiozzi, Jeffrey Huff, "Clinical Trends in Molecular Medicine, Volume 7, Issue 5, 1 May 2001, Pages 201-204.





### **Plavix**

Used for patients with MI and CAD after stent. Less effective in ~30% of patients

#### **Estimation:**

- Current Population: 300 pts on Plavix (based off LWC and LQG)
   ~100 pts will have the genetic abnormality
   ~50 pts will have complications
- 2. Cost for a MI:

50 people \* \$50,000 = \$2,500,000

3. Cost for WGS and one gene analysis for \$1,000.

Total: 300 patients X \$1000 = \$300,000

4. Let's just switch all patients off Plavix to another compound (e.g. Ticagrelor). Additional savings likely.







### **Plavix**

- 5. Plavix comes of patent in 2011 assuming a drop of price of just \$100 per month. Current price is \$1,500 per month.
- New distribution of prescriptions:
   200 pts on Plavix
   200 x \$100 x12months = \$240,000 in year 1!
   100 pts on Ticagrelor
- 7. Advantage of this genetics screen

Savings for avoiding an MI in 50 people: \$2,500,000

Savings for lower prescription prices: + \$240,000

Year 1 savings: \$2,740,000

Lifetime savings over 5 years (\$240K per year, plus \$10K per year in

follow on MI care and loss of productivity) =

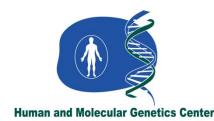
\$2,740,000 + \$1,250,000 = \$3,990,000

Discount to 10% = \$399,000 or savings of \$99,000 minimum.

8. Bonus for using a WGS: Analyzes of other PGX genes or clinical traits







### One Gene Test at a Time

Is not cost effective!

WGS can be cost effective

What is the value of a patient's WGS?







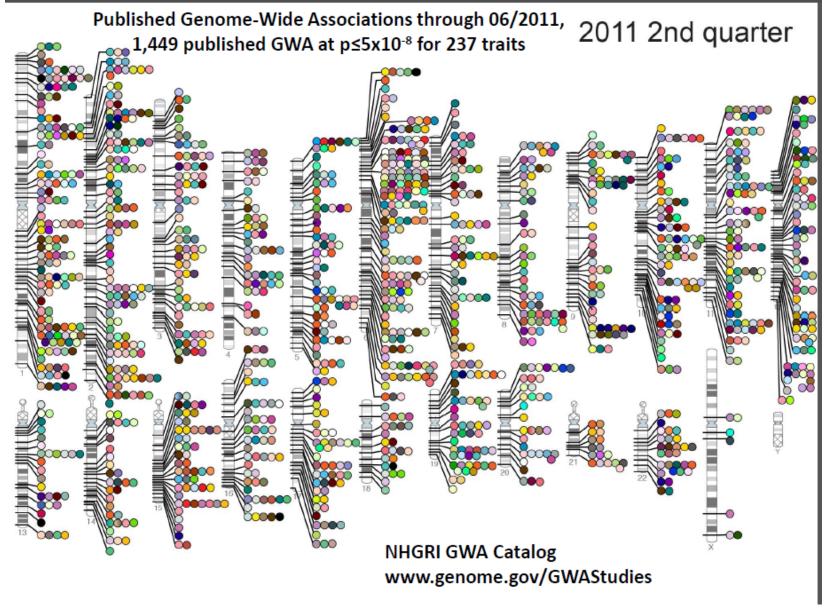
# WGS = Family History With Data!

370 Drugs/Compounds PharmGKB How many diseases or clinical phenotypes?







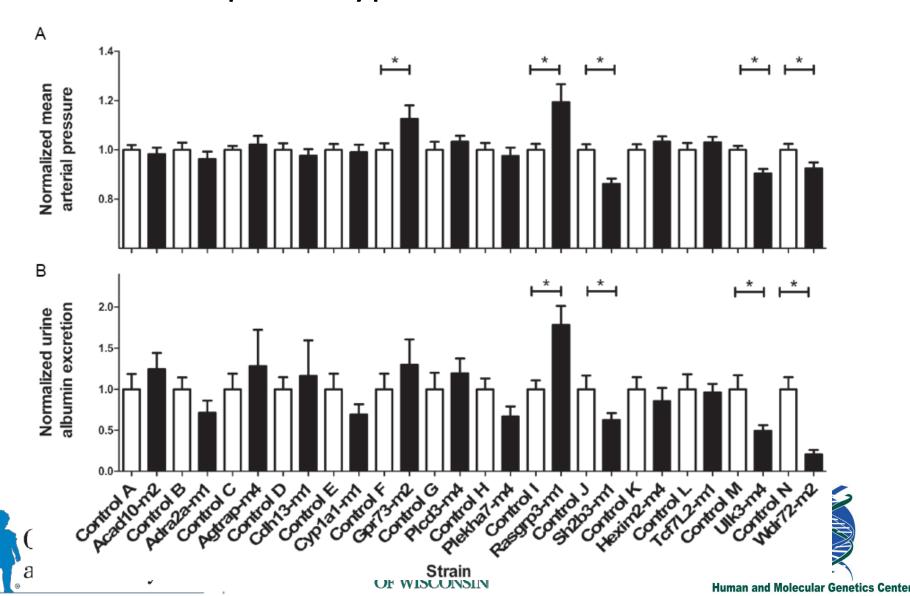








# Modification of some GWA genes can alter relevant phenotypes in the sensitized rat



#### **ARTICLE**

#### Risk Prediction of Complex Diseases from Family History and Known Susceptibility Loci, with Applications for Cancer Screening

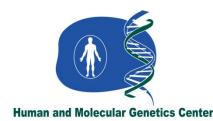
Hon-Cheong So,<sup>1</sup> Johnny S.H. Kwan,<sup>1</sup> Stacey S. Cherny,<sup>1,2,3</sup> and Pak C. Sham<sup>1,2,3,\*</sup>

Risk prediction based on genomic profiles has raised a lot of attention recently. However, family history is usually ignored in genetic risk prediction. In this study we proposed a statistical framework for risk prediction given an individual's genotype profile and family history. Genotype information about the relatives can also be incorporated. We allow risk prediction given the current age and follow-up period and consider competing risks of mortality. The framework allows easy extension to *any* family size and structure. In addition, the predicted risk at any percentile and the risk distribution graphs can be computed analytically. We applied the method to risk prediction for breast and prostate cancers by using known susceptibility loci from genome-wide association studies. For breast cancer, in the population the 10-year risk at age 50 ranged from 1.1% at the 5th percentile to 4.7% at the 95th percentile. If we consider the average 10-year risk at age 50 (2.39%) as the threshold for screening, the screening age ranged from 62 at the 20th percentile to 38 at the 95th percentile (and some never reach the threshold). For women with one affected first-degree relative, the 10-year risks ranged from 2.6% (at the 5th percentile) to 8.1% (at the 95th percentile). For prostate cancer, the corresponding 10-year risks at age 60 varied from 1.8% to 14.9% in the population and from 4.2% to 23.2% in those with an affected first-degree relative. We suggest that for some diseases genetic testing that incorporates family history can stratify people into diverse risk categories and might be useful in targeted prevention and screening.

The American Journal of Human Genetics 88, 548–565, May 13, 2011







# Salt and Hypertension









reduction trials. Over the long-term, low-salt diets, compared to normal diets, decreased systolic blood pressure (the top number in the blood pressure ratio) in healthy people by 1.1 millimeters of mercury (mmHg) and diastolic blood pressure (the bottom number) by 0.6 mmHg. That is like going from 120/80 to 119/79. The review concluded that "intensive interventions, unsuited to primary care or population prevention programs, provide only minimal reductions in blood pressure during long-term trials." A 2003 Cochrane review of 57 shorter-term trials similarly



Diseases reported that the number of people who experience drops in blood pressure after eating high-salt diets almost equals the number who experience blood pressure spikes; many stay exactly the same. That is because "the human kidney is made, by design, to vary the accretion of salt based on the amount you take in," explains Michael Alderman, an epidemiologist at the Albert Einstein College of Medicine and former president of the International Society of Hypertension.



#### WHOLE GENOMIC SEQUENCING

It will be along time before this is used clinically! 50+ nominations

NO ONE WILL PAY FOR IT!







# Letter from Insurance Group

February 23, 2011

David Dimmock, M.D., Associate Professor David Bick, M.D., Associate Professor Division of Genetics, Dept of Pediatrics Medical College of Wisconsin HRC, Rm. H5865 8701 Watertown Plank Road Milwaukee, WI 53226

To date 4 of 10 pre-approval

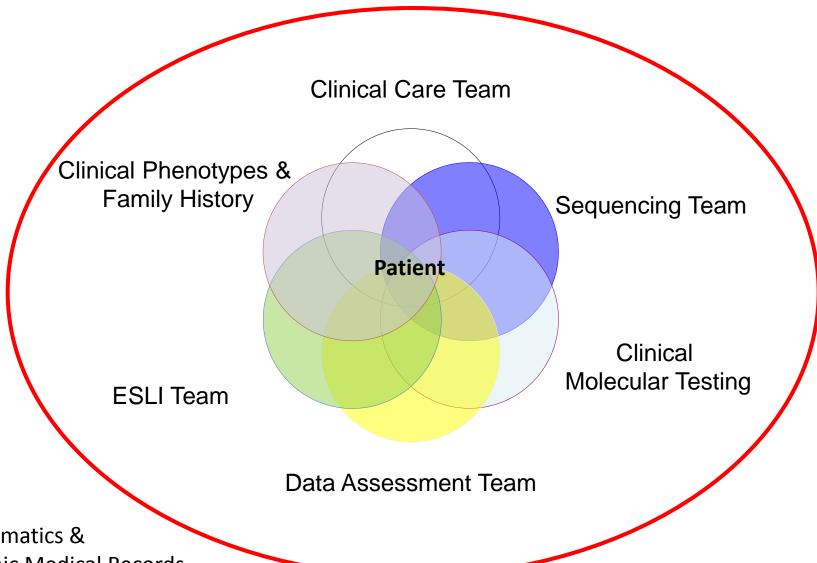
We are interested in the development of an evaluation clinic where you will assess our insured children and adults before expensive diagnostic testing is performed and evaluate the likely expected costs of routine testing. As we have discussed, in the situations where you determine that on average the costs of routine testing will exceed the current contract price of whole genome sequencing we will authorize whole genome sequencing as the first line clinical test.

We are committed to continuing to establish the utility of whole genome sequencing beyond these currently agreed indications, and are excited about the ongoing clinical utility monitoring you have established as part of your clinical whole genome sequencing program.







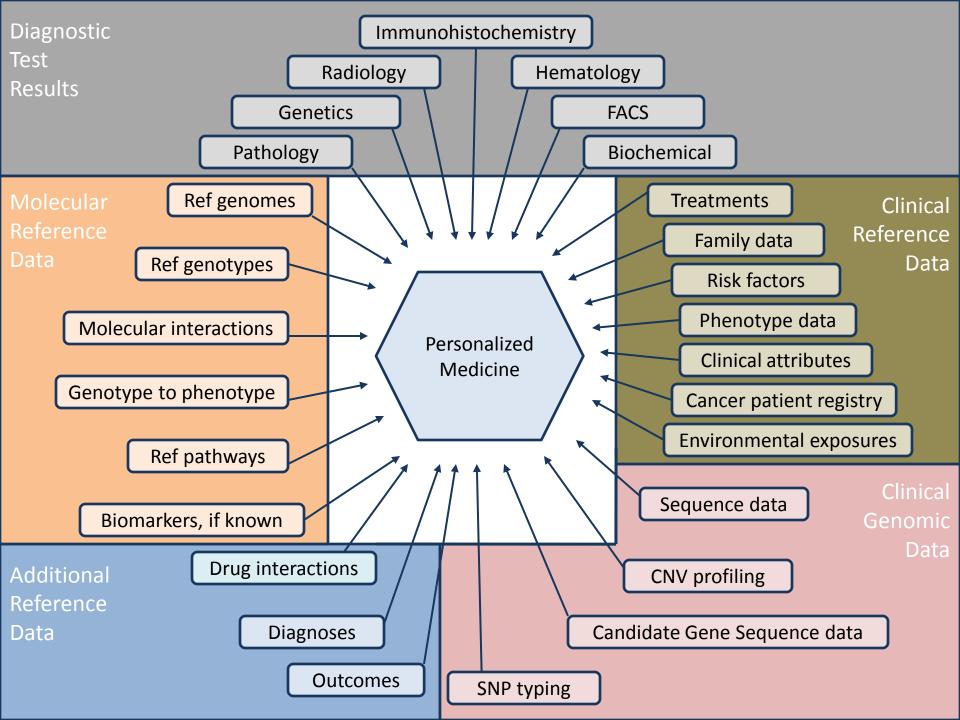


BioInformatics & **Electronic Medical Records** 









# **Rapidly Changing Landscape**

Whole Exome Genome Sequence for clinical use will accelerate uptake!

















# Summary

- The cost of data generation will continue to fall. Within the year about \$2000 per whole genome sequence.
- Data management and clinical decisions is the challenge.
- It is just another lab value, whose context with respect to clinical presentation is critical to utility. It has value now! A family history with data!
- It is cheaper to develop a single platform rather than individual genes.
- Data return is part of personalized medicine.
- Lots of education needed—this is the biggest challenge.





### Needs

- Access to Results from Whole Genome Sequence
- Access to WGS with clinical information
- What is the VALUE of having a WGS for an individual?
- Demonstration projects to show cost effectiveness and utility
- Tools for integrating with family history
- Follow-up validation—how much?
- Decision support tools
- More powerful EHRs
- LOTS OF EDUCATION

























Children's Hospital and Health System™

MEDICAL COLLEGE OF WISCONSIN

# **Special Case for WGS?**

- Misdiagnoses happens every day– due to lack of knowledge about the disease.
- Not actionable stress on the patient
  - End stage renal disease <25% alive in 5 years</li>
  - Stage 4 cancer, etc.
- Evidence based medicine
  - Population vs. individual
  - How do you show clinical utility?
- On average we are making progress









