

Understanding the Genetic/Genomic Testing Strategy

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An Overall Theme!



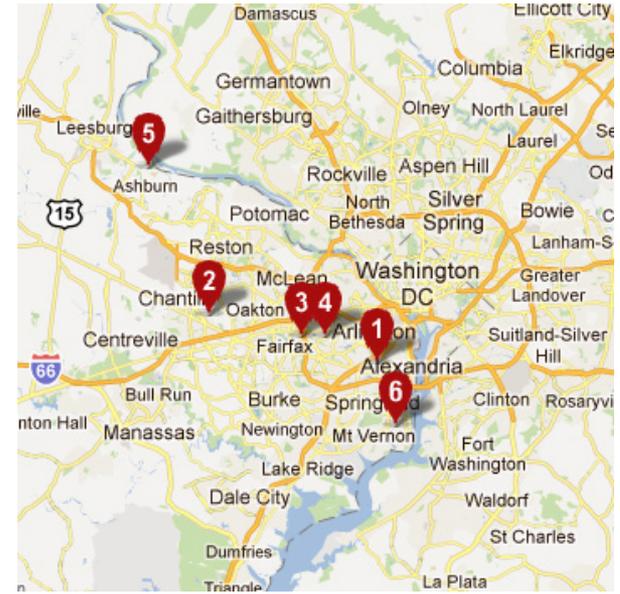
Agenda

- Background
- Cases



Hospital System

- Six hospital + ambulatory healthcare system
- Largest healthcare system in Northern VA
- Two million patient visits/year
- 20,000 deliveries/year
- >5,000 newly diagnosed cancer patients/year



ITMI

- Started: 2010
- Overall goal: research on the integration of genomic information into the practice of medicine
- ~100 members; ~1/3 Clinical, 1/3 IT/Informatic, 1/3 Lab



Division of Medical Genomics

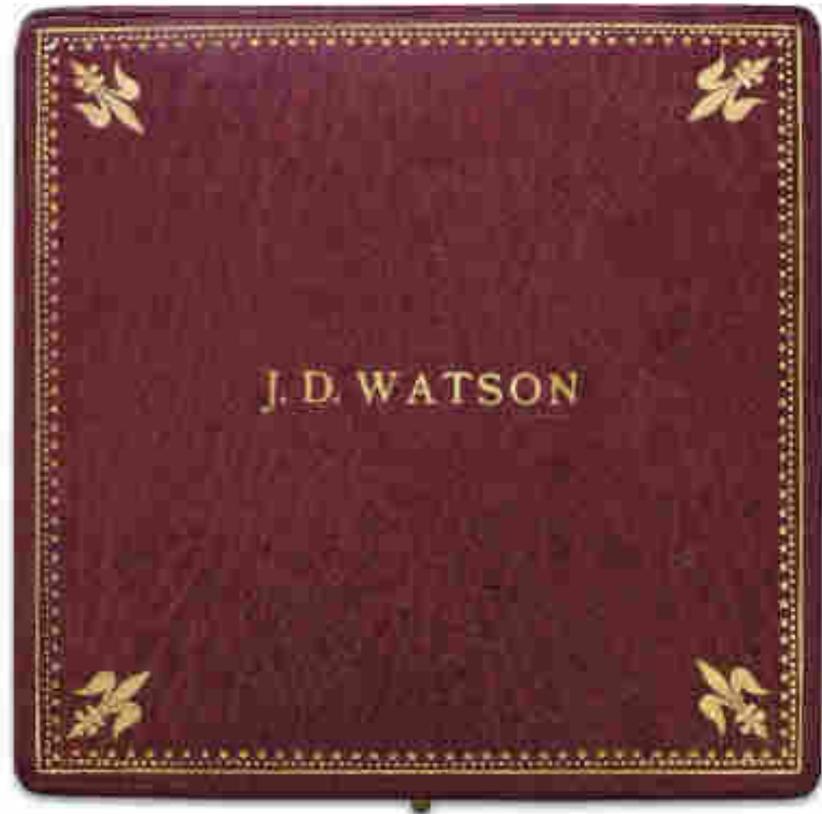
- 3 Physician-Scientists
- 8 Genetic Counselors
- 4 PhD
Bioinformaticists,
Molecular Biologists,
etc.



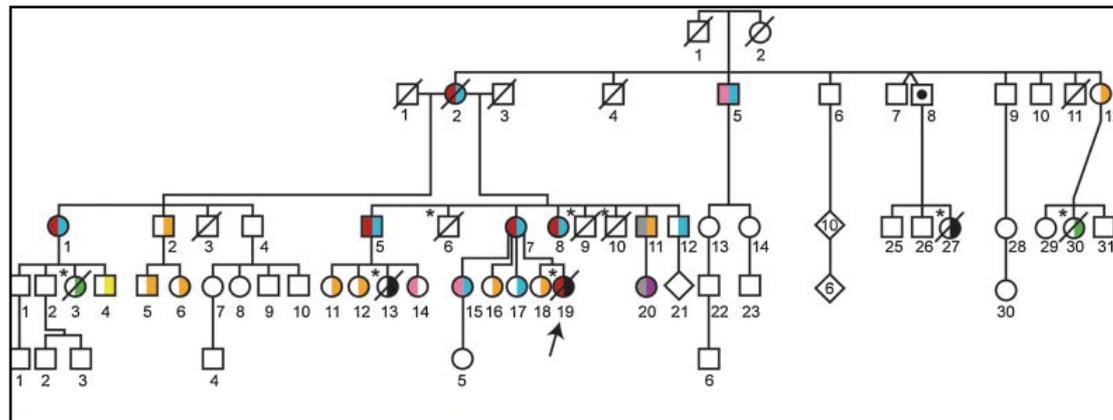
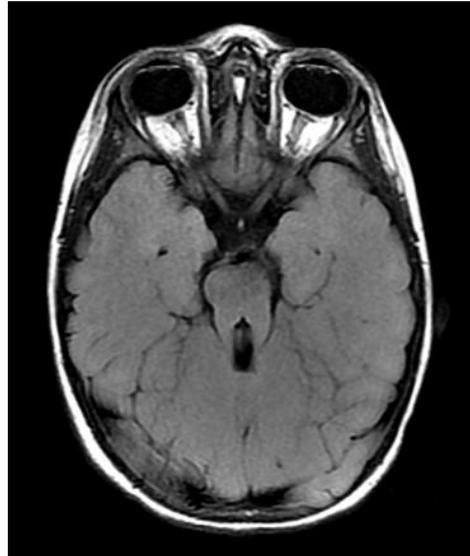
I. Background



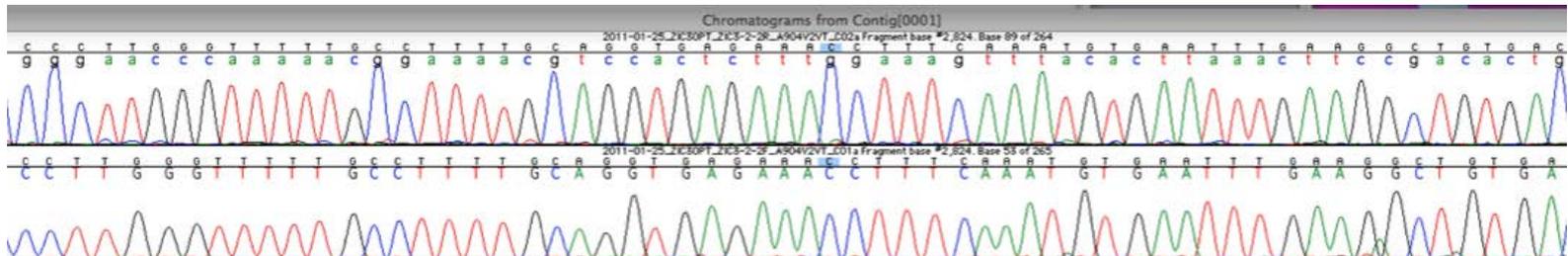
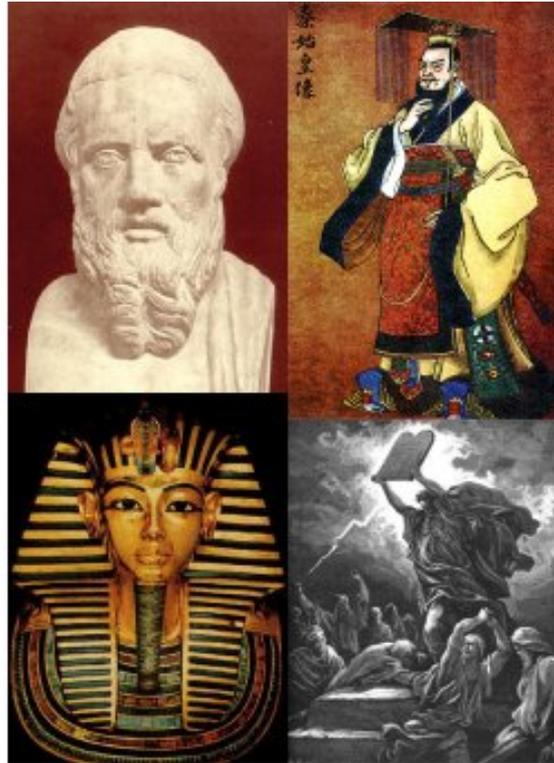
Current Events



Figuring out the Genetics



Ancient Times



Genomic Evolution

14 years ago

- ~\$2.7 billion
- ~13 years
- 20+ centers (7 countries)

Now

- ~\$1,000
- ~1 week
- 1 machine

14 years from now

- ? Few dollars
- ? Few hours
- ? 1 (small) machine

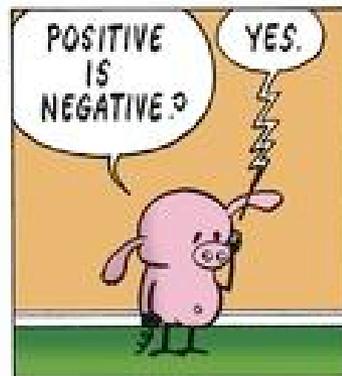
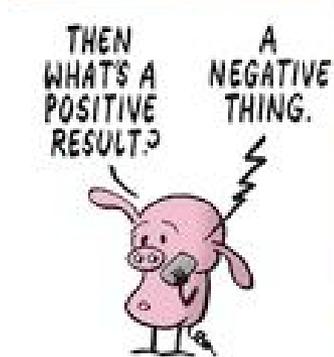
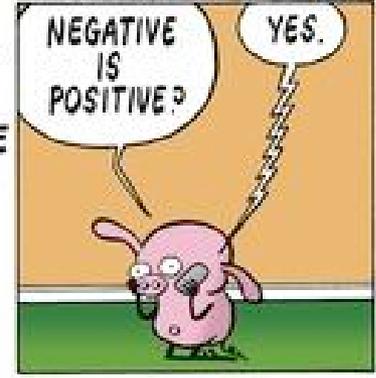
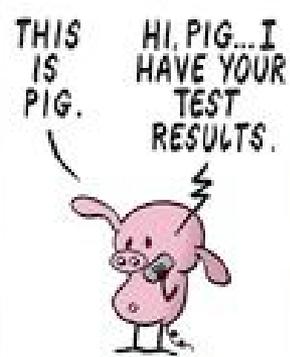




But It's Complicated...

PEARLS BEFORE SWINE

BY STEPHAN PASTIS



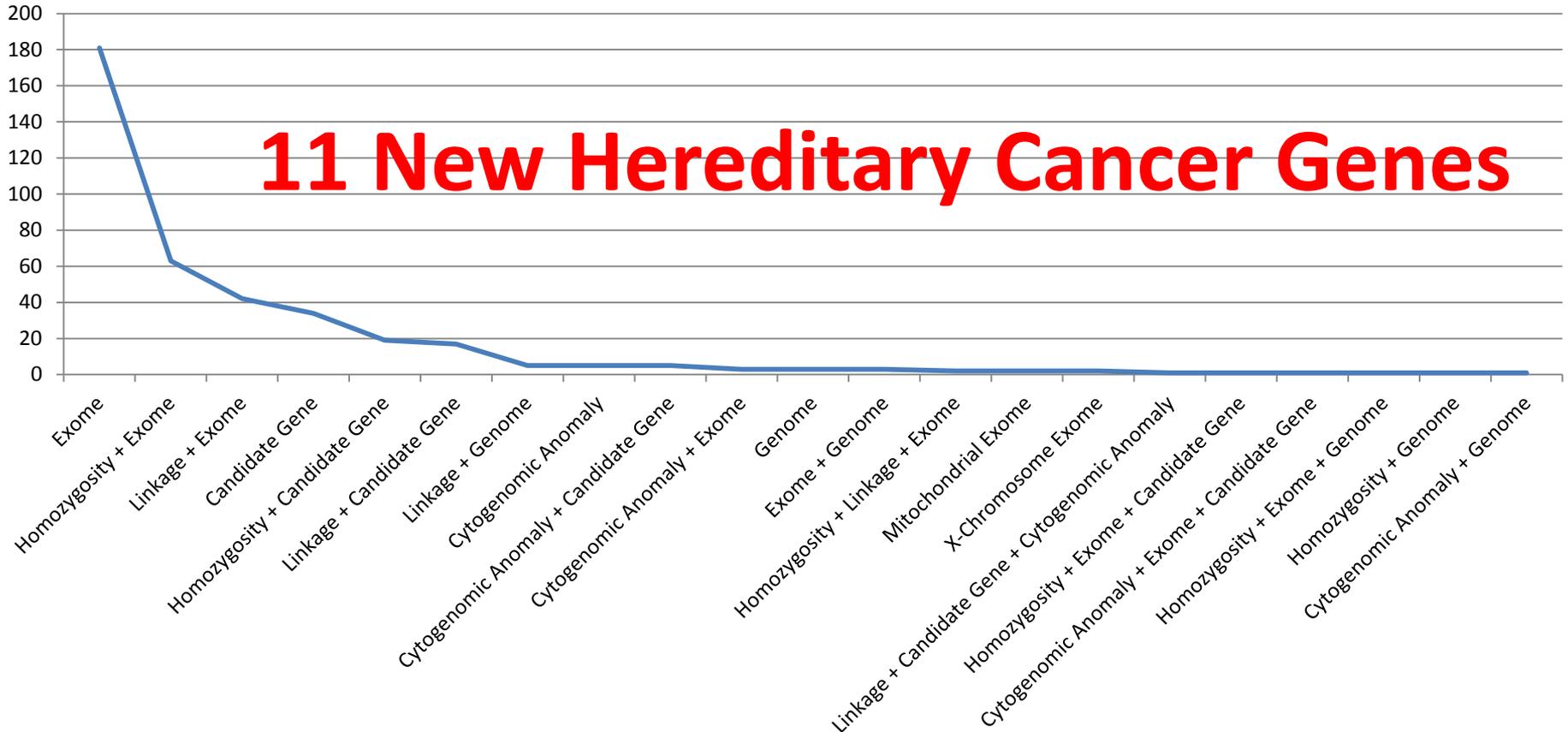
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Facebook.com/PearlsGonic

It's Almost Impossible to Generalize



The Knowledge Base Keeps Expanding



Different Models!



INSTITUTE OF MEDICINE
OF THE NATIONAL ACADEMIES



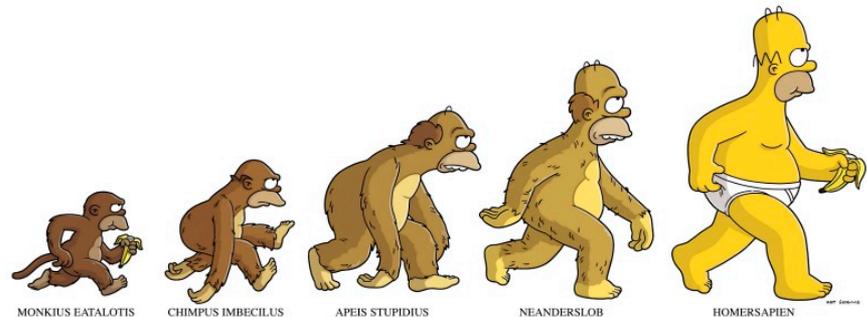
ACMG

American College of Medical
Genetics and Genomics

Translating Genes Into Health®



THE
AMERICAN
SOCIETY
OF HUMAN
GENETICS



HOMERSAPIEN

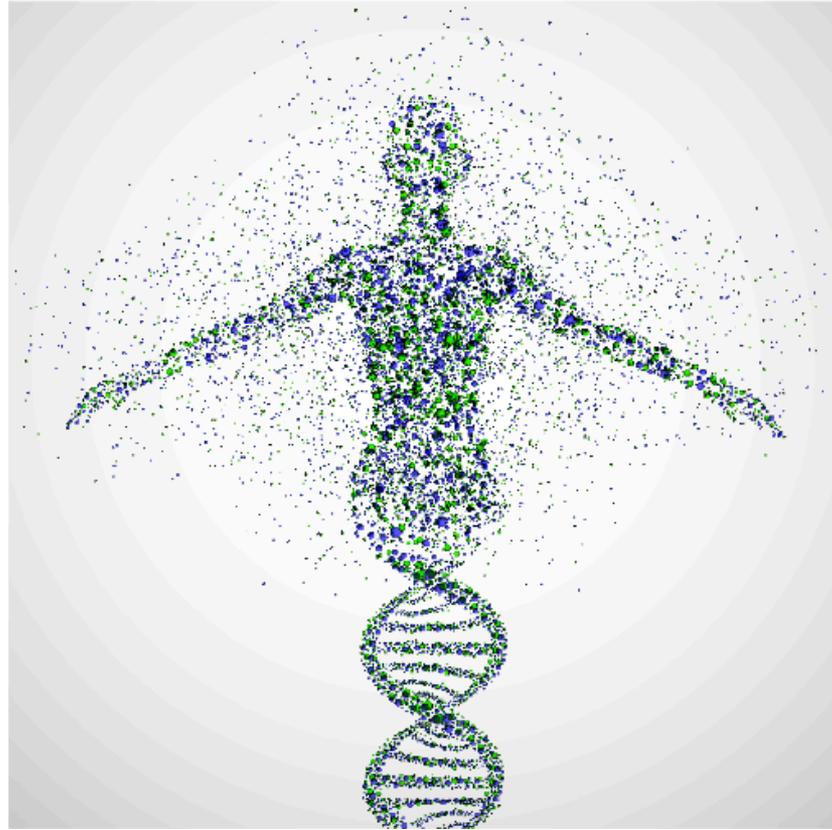
And We Have to be Careful!



II. Cases



A. Cancer Examples



NCCN Guidelines



NCCN Guidelines Version 2.2015 Hereditary Breast and/or Ovarian Cancer Syndrome

[NCCN Guidelines Index](#)
[Genetics Table of Contents](#)
[Discussion](#)

HEREDITARY BREAST AND/OR OVARIAN CANCER SYNDROME TESTING CRITERIA^{a,b}

Meeting one or more of these criteria warrants further personalized risk assessment, genetic counseling, and often genetic testing and management. Testing of unaffected individuals should only be considered when an appropriate affected family member is unavailable for testing.

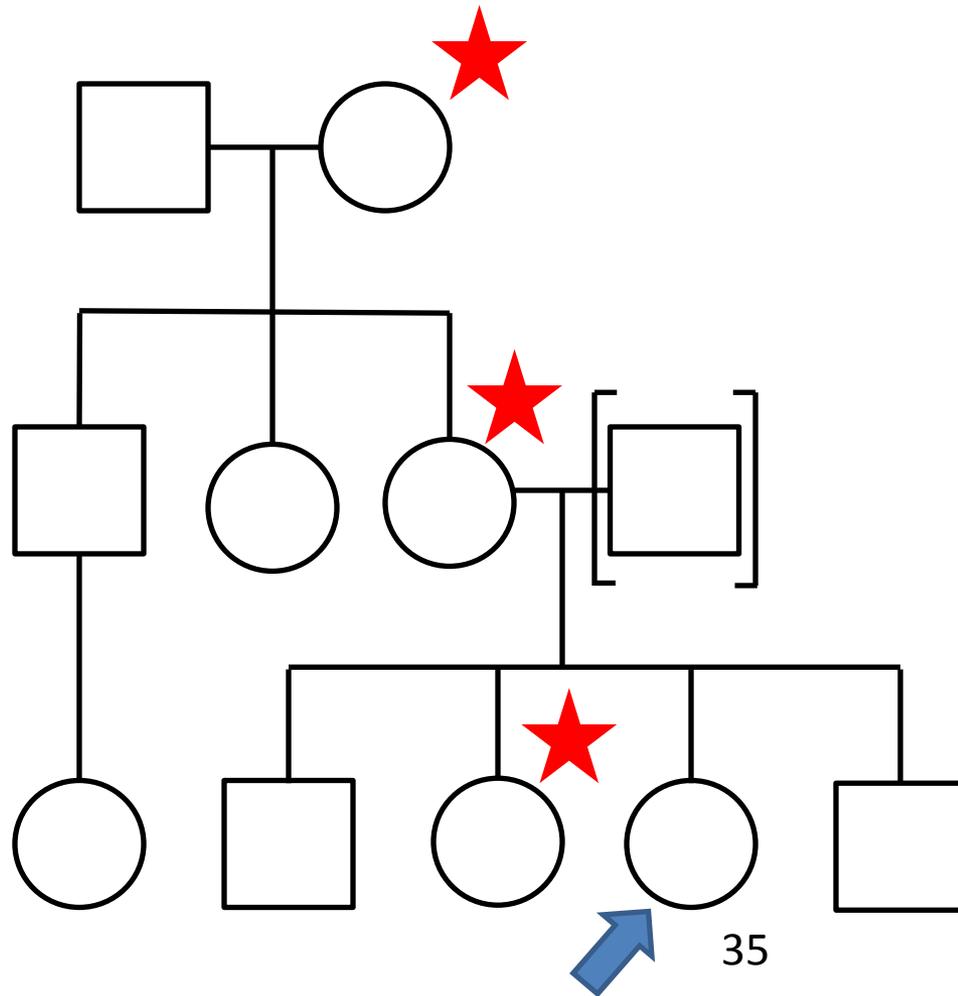
- Individual from a family with a known deleterious *BRCA1/BRCA2* mutation
- Personal history of breast cancer^b + one or more of the following:
 - ▶ Diagnosed ≤ 45 y
 - ▶ Diagnosed ≤ 50 y with:
 - ◊ An additional breast cancer primary^c
 - ◊ ≥ 1 close blood relative^d with breast cancer at any age
 - ◊ ≥ 1 close relative with pancreatic cancer
 - ◊ ≥ 1 relative with prostate cancer (Gleason score ≥ 7)
 - ◊ An unknown or limited family history^a
 - ▶ Diagnosed ≤ 60 y with a:
 - ◊ Triple negative breast cancer
 - ▶ Diagnosed at any age with:
 - ◊ ≥ 1 close blood relative^d with breast cancer diagnosed ≤ 50 y
 - ◊ ≥ 2 close blood relatives^d with breast cancer at any age
 - ◊ ≥ 1 close blood relative^d with invasive ovarian^e cancer
 - ◊ ≥ 2 close blood relatives^d with pancreatic cancer and/or prostate cancer (Gleason score ≥ 7) at any age
 - ◊ A close male blood relative^d with breast cancer
 - ◊ For an individual of ethnicity associated with higher mutation frequency (eg, Ashkenazi Jewish) no additional family history may be required^f
- Personal history of invasive ovarian^e cancer
- Personal history of male breast cancer
- Personal history of prostate cancer (Gleason score ≥ 7) at any age with ≥ 1 close blood relative^d with breast (≤ 50 y) and/or invasive ovarian^e and/or pancreatic or prostate cancer (Gleason score ≥ 7) at any age
- Personal history of pancreatic cancer at any age with ≥ 1 close blood relative^d with breast (≤ 50 y) and/or invasive ovarian^e and/or pancreatic cancer at any age
- Personal history of pancreatic cancer, and Ashkenazi Jewish ancestry
- Family history only (significant limitations of interpreting test results for an unaffected individual should be discussed):
 - ▶ First- or second-degree blood^d relative meeting any of the above criteria
 - ▶ Third-degree blood^d relative who has breast cancer^b and/or invasive ovarian^e cancer and who has ≥ 2 close blood relatives^d with breast cancer (at least one with breast cancer ≤ 50 y) and/or invasive ovarian^f cancer

HBOC testing criteria met

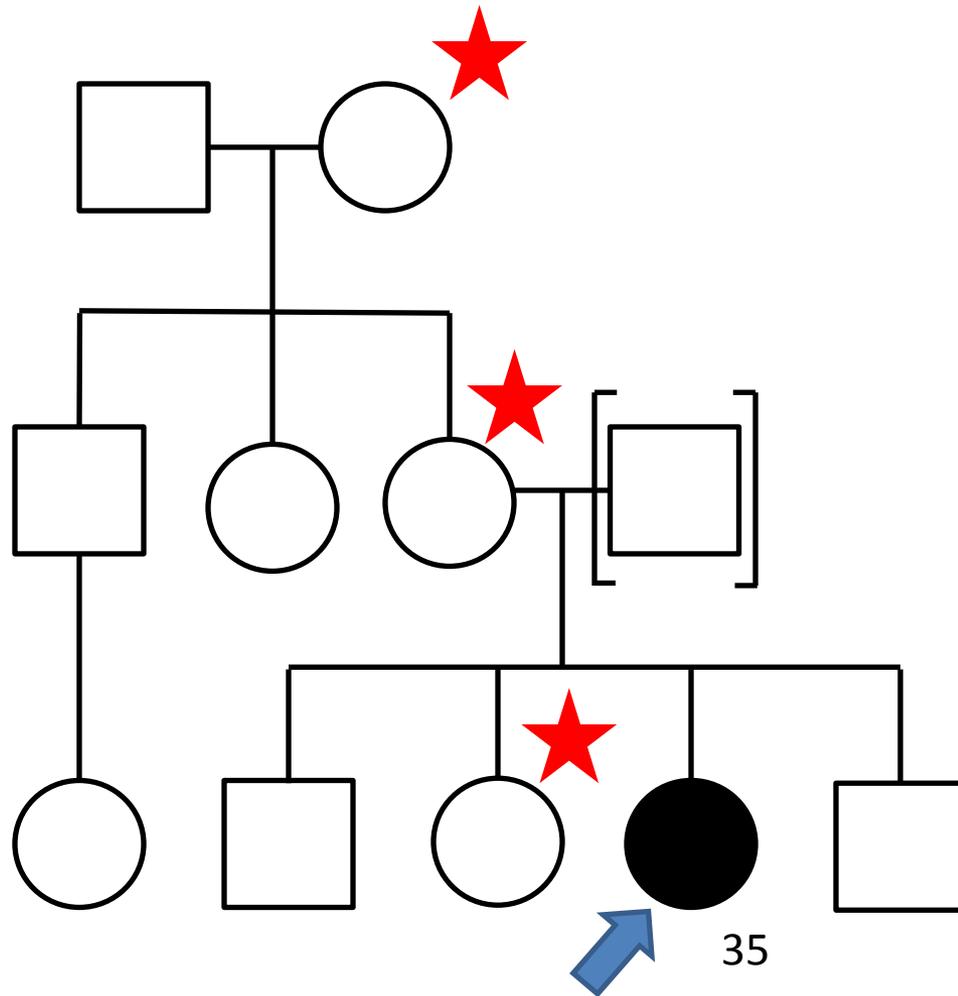
See [Follow-up \(HBOC-2\)](#)

If HBOC testing criteria not met, consider testing for other hereditary syndromes

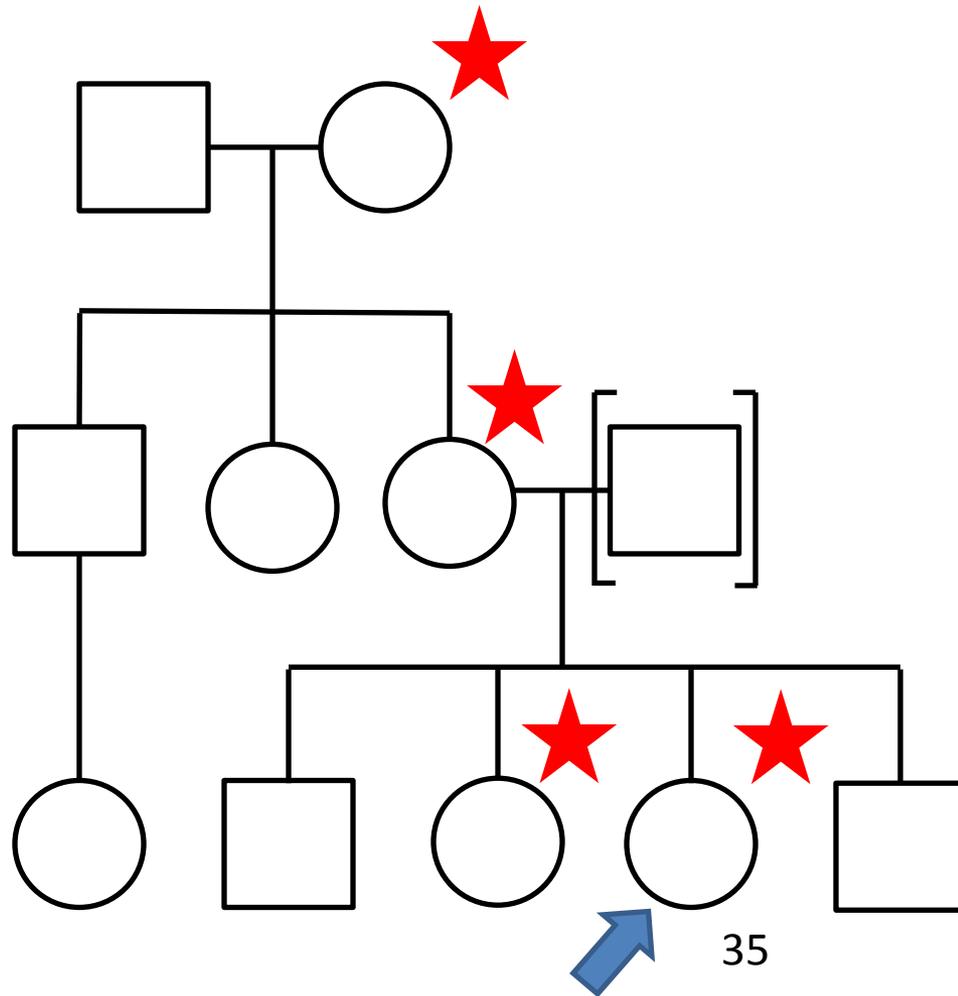
If criteria for other hereditary syndromes not met, then cancer screening as per [NCCN Screening Guidelines](#)



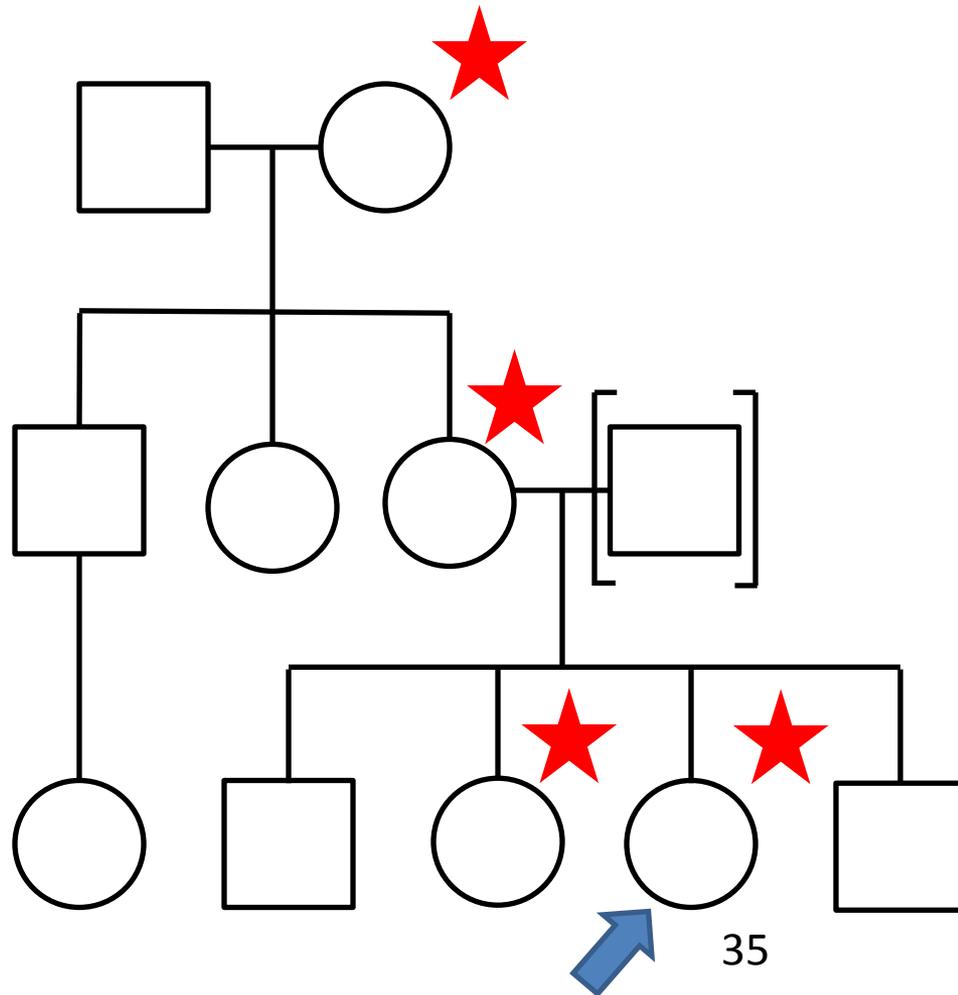
 *BRCA1*
mutation



 *BRCA1*
mutation

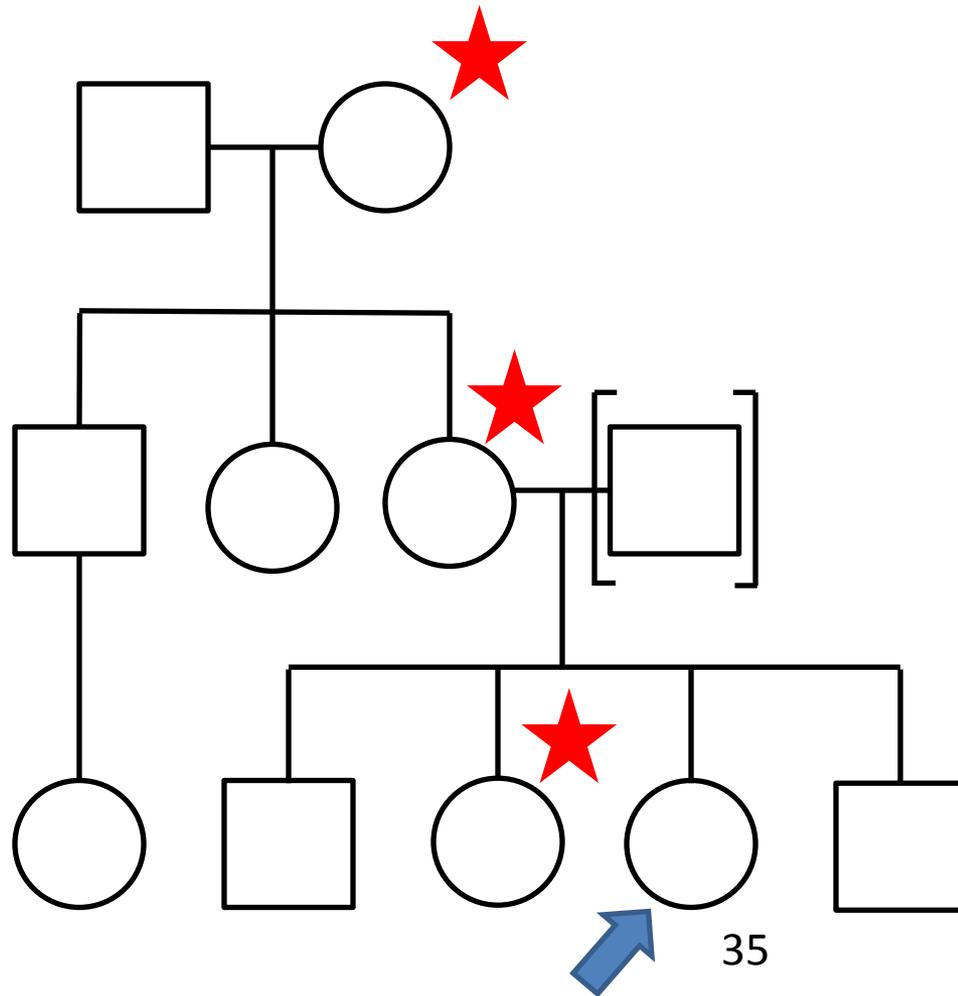


★ Breast
Cancer
<50 yo

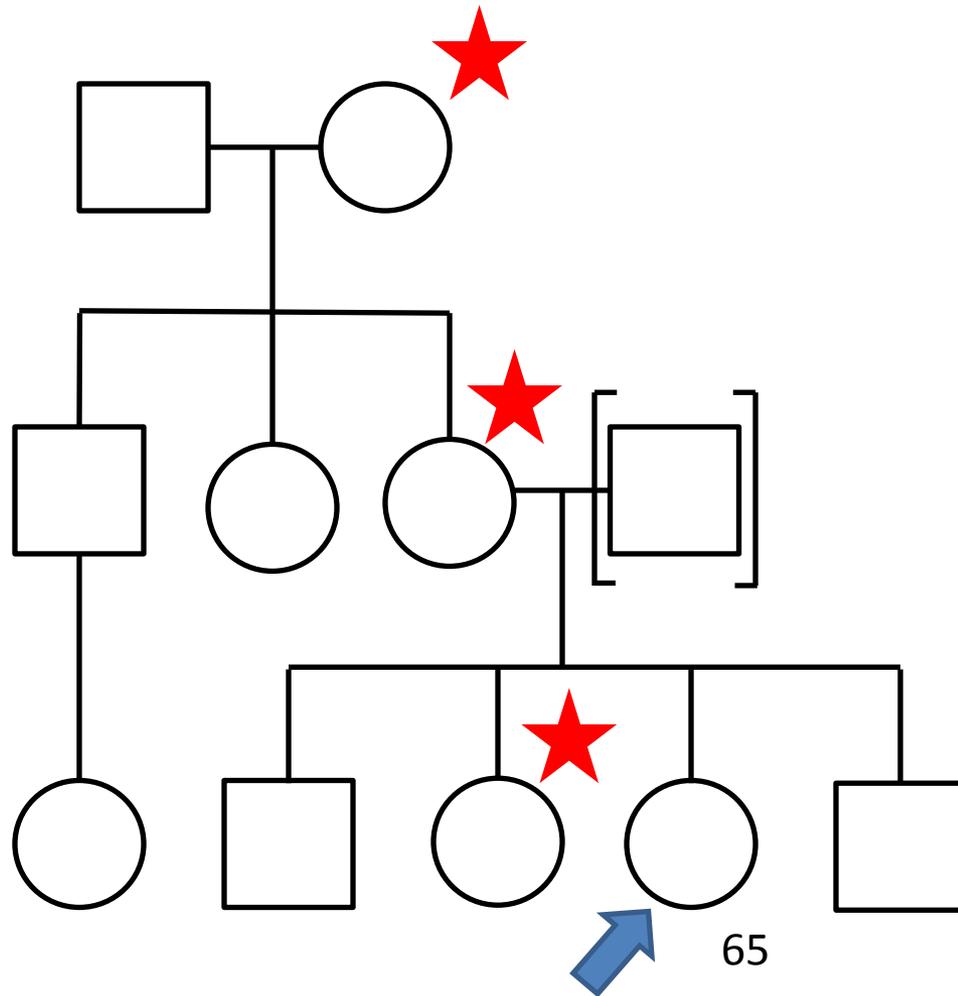


★ Breast
Cancer
<50 yo

Previous BRCA1/BRCA2 testing negative (4 years ago)



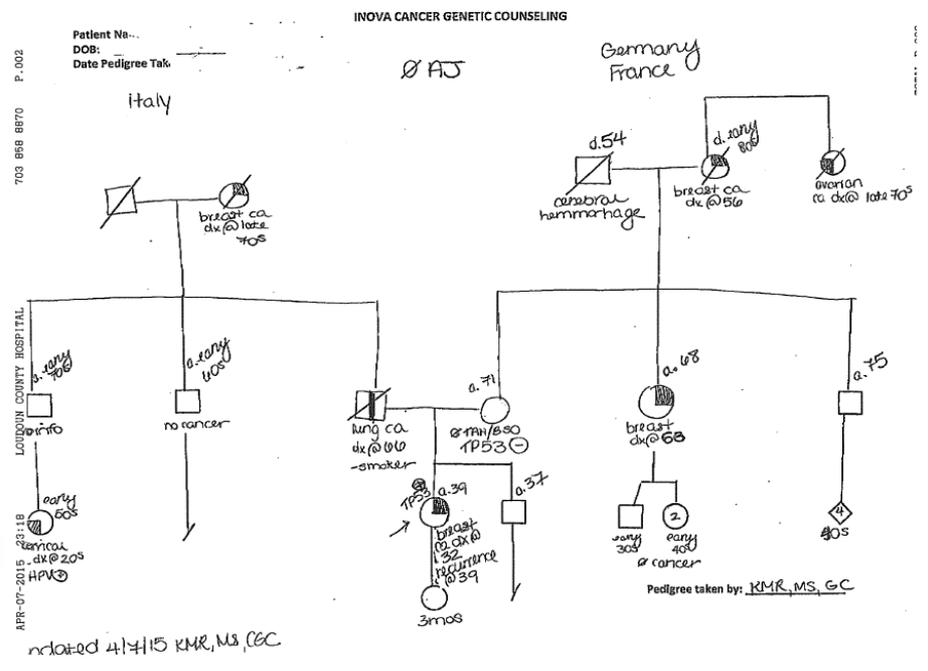
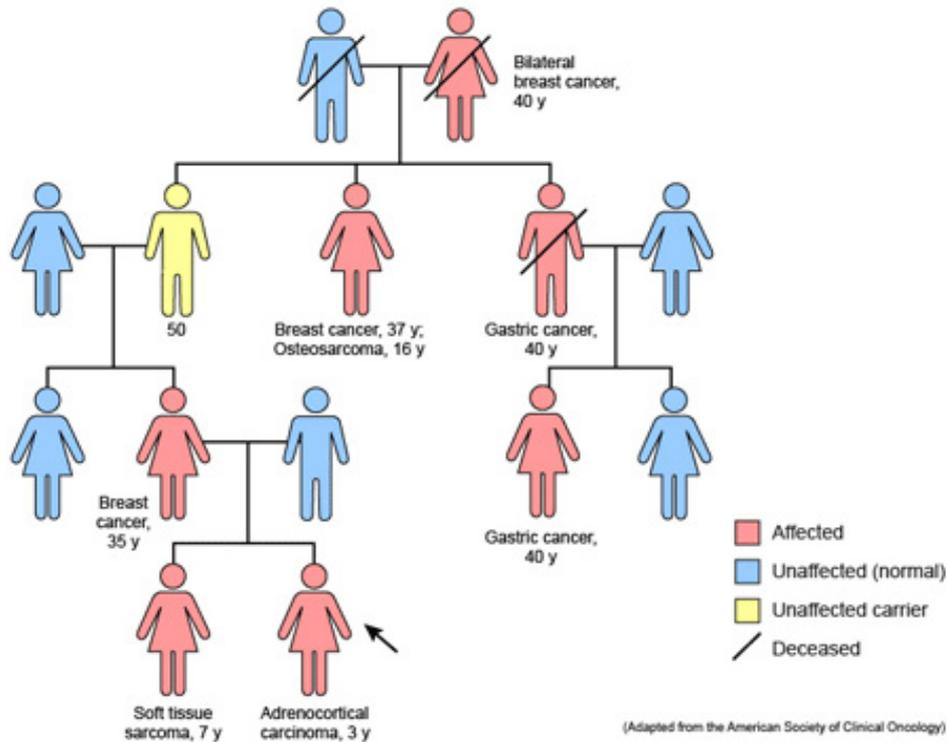
 Some cancer



 Some cancer

Sometimes (Often Not) Obvious

Li-Fraumeni Syndrome

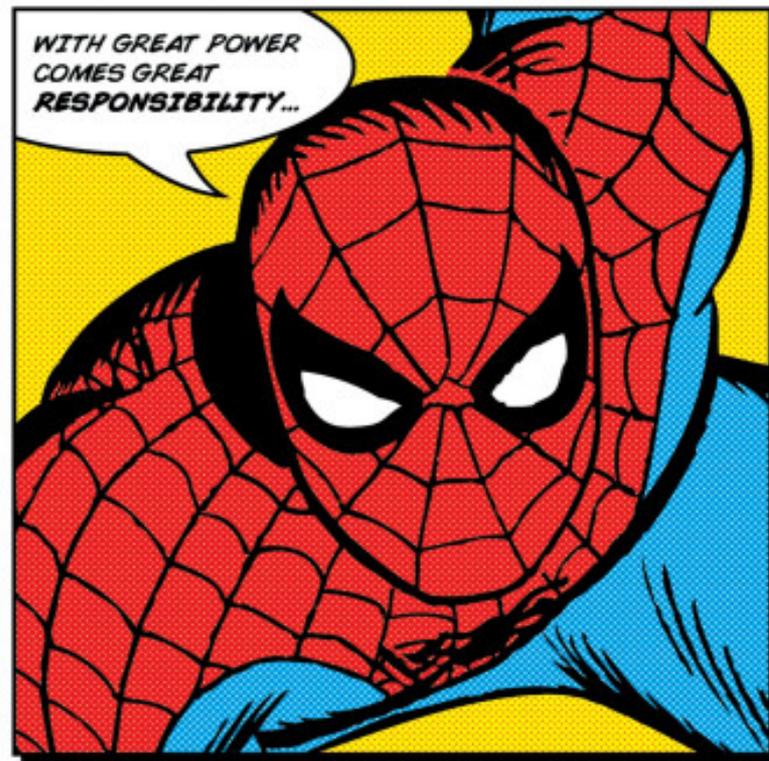


Factors

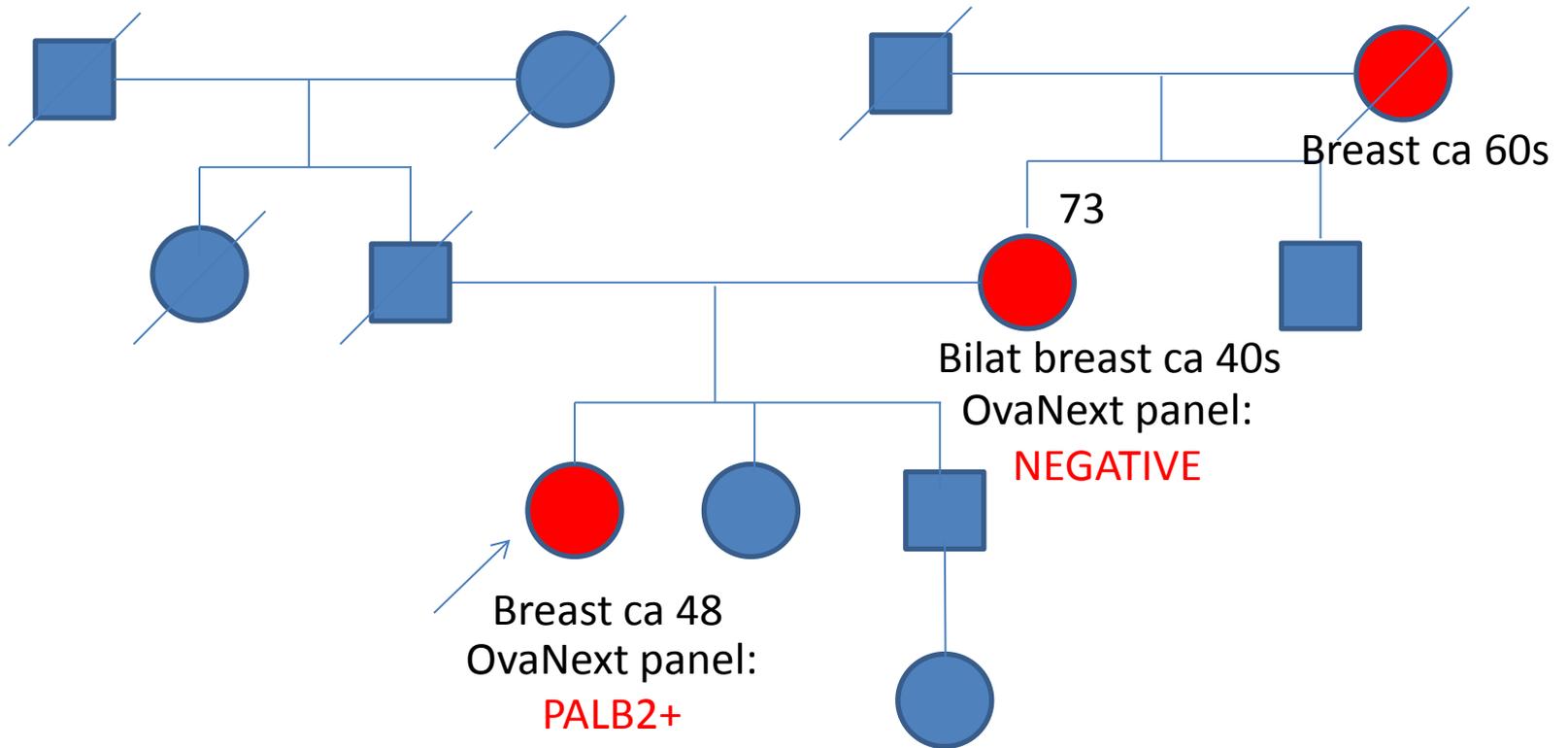
- Types of cancer (including pathology)
- Ages of onset
- Ancestry (e.g., Ashkenazi)
- Availability and informativeness of family history
- Patient preference (how extensive testing will be)
- Previous genetic testing in family members
- Urgency of testing (e.g., are the results needed prior to a surgical decision)?
- Etc.

Choices and the Spiderman Effect

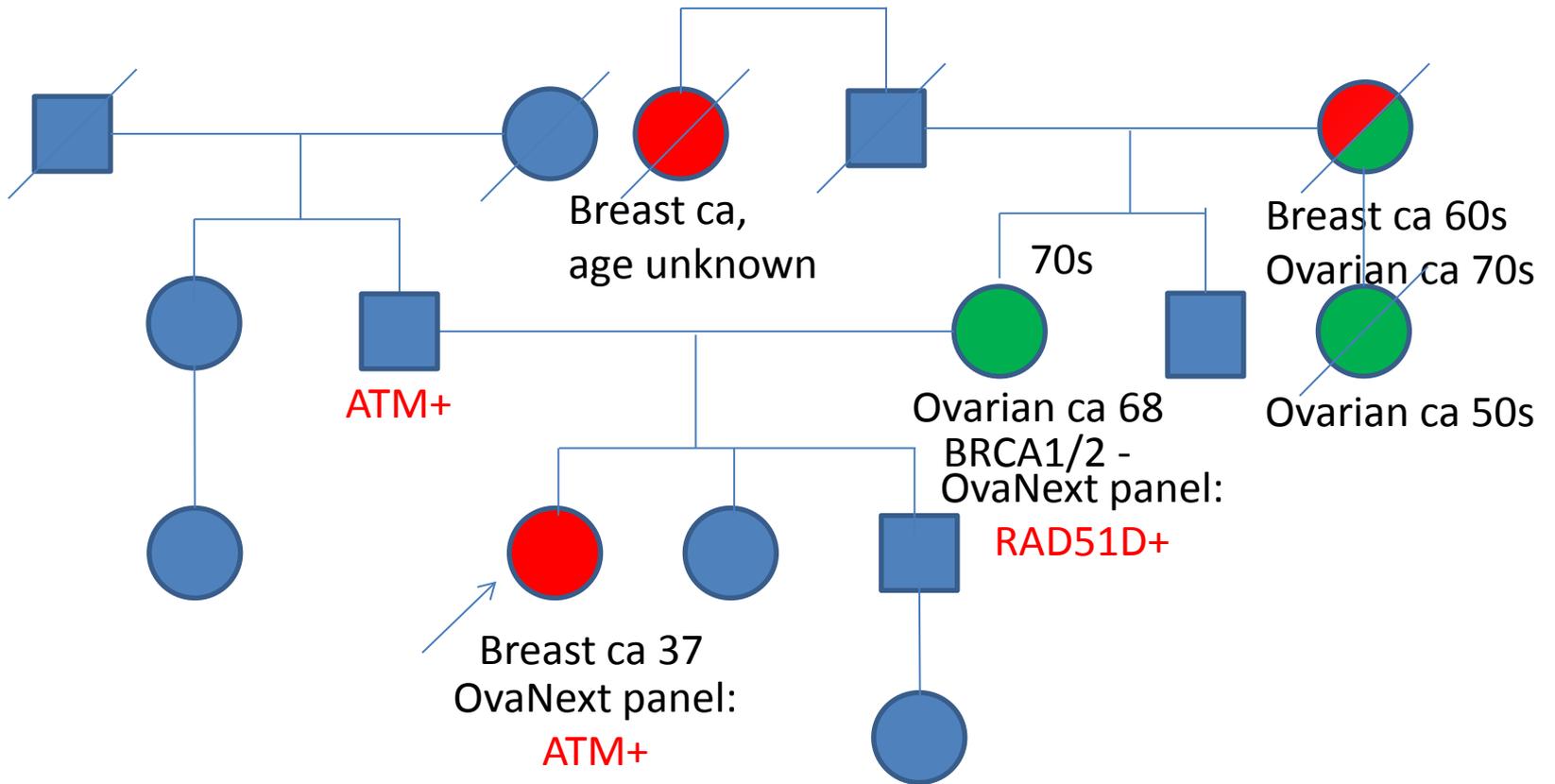
- Specific familial (or ancestral) variant
- BRCA1/BRCA2
- Large panel
- Very large panel
- Exome/Genome
- Research participation
- Etc.



Real Life



Real Life

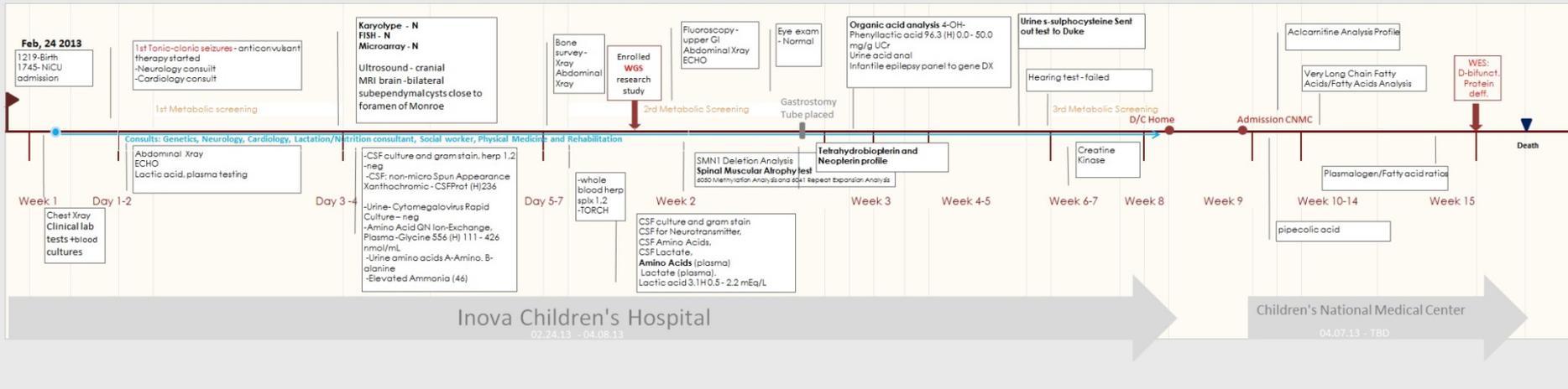


B. Congenital Examples



Current Practice

Clinical Events Timeline



ASHG Position Statement (Botkin, AJHG 2015)

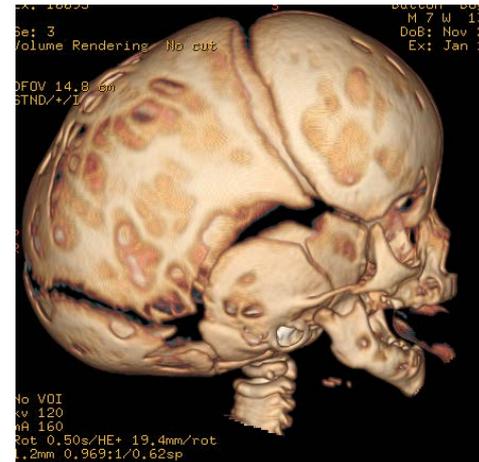
- When clinically indicated, the scope of genetic testing should be limited to single-gene analysis or targeted gene panels based on the clinical presentation of the patient.
- Targeted testing using genome-scale sequencing, but restricting analysis to a limited set of genes relevant to the clinical indication, is an acceptable alternative to a single-gene analysis or targeted gene panel in certain circumstances. When genome-scale sequencing is performed but the analysis is restricted to a limited set of targeted genes, ASHG finds it ethically acceptable for the laboratory to limit the analysis to the genes of clinical interest.
- ASHG recommends that, in the context of diagnostic testing for a child with a most likely genetic disorder, genome-scale sequencing is appropriate when prior, more limited genetic testing failed to identify a causative mutation. Depending on the clinical presentation and on the quality and availability of appropriate targeted testing, comprehensive testing such as genome-scale sequencing might also be indicated in certain circumstances, even in the absence of prior, more limited genetic testing.

My Interpretation

- If a targeted test is available use it
- If a limited panel exists, use it
- It's OK to get the limited panel from genomic sequencing
- Starting with genomic sequencing can be justified in some situations

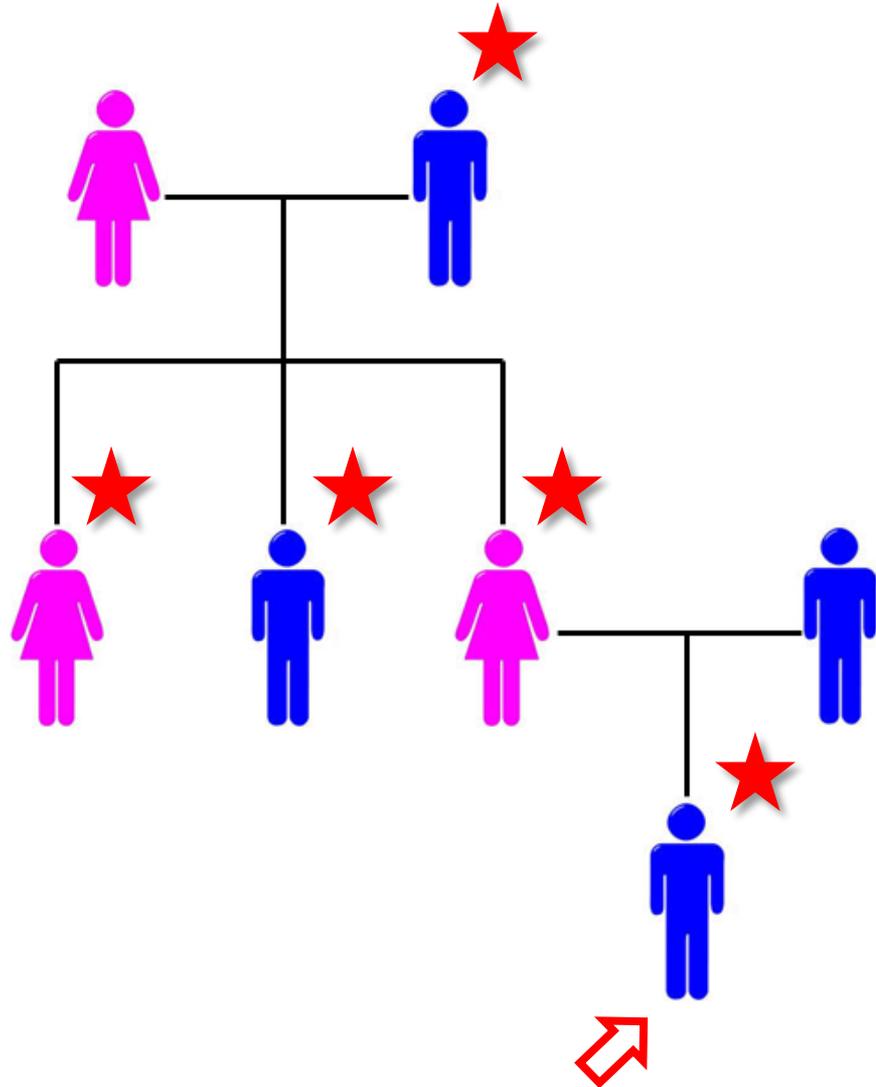
Patient

- IUGR, oligohydramnios
- Delivery at 34 3/7 weeks
- Hypoaldosteronism
- Hypercalciuria
- Sagittal craniosynostosis
- Renal U/S: Grade II hydronephrosis
- Echo: small ASD, PDA



Testing

- Prenatal: increased risk of Down syndrome
- CVS: 46,XY
- Normal postnatal testing: microarray, 7-dehydroxycholesterol, TORCH testing, H19 methylation and uniparental disomy for chromosome 7 (Russell-Silver)



Just In Case Things Seemed Easy...



Thank You



GENETICS
This is how it works