Ethical, Legal, and Social Issues

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ELSI Program at NHGRI

 McEwen, J. et al. (2014). ELSI Program of the NHGRI. Annu. Rev. Genomics Hum. Genet.15:481–505

Genomic research

The issues that arise in the design and conduct of genomic research, particularly as it increasingly involves the production, analysis, and broad sharing of individual genomic information that is frequently coupled with detailed health information

Genomic health care

How rapid advances in genomic technologies and the availability of increasing amounts of genomic information influence how health care is provided and how it affects the health of individuals, families, and communities

Broader societal issues

The normative underpinnings of beliefs, practices, and policies regarding genomic information and technologies, as well as the implications of genomics for how we conceptualize and understand such issues as health, disease, and individual responsibility

Legal, regulatory, and public policy issues

The effects of existing genomic research, health and public policies and regulations, and the development of new policies and regulatory approaches

Genetic Influences Across Life's Journey (Relevancy and Options)

- Preimplantation testing
- Prenatal
- Carrier testing
- Diagnostic testing/Children
- Diagnostic testing/Adult Onset
- Treatment decision testing
- Pharmacogenomics
- Recreational (Direct to Consumer)
- Whole Genome Sequencing
- Precision Medicine

BUILDING BLOCKS

- Research
 Progress/
 Evidence
- Healthcare
 Professionals
- Healthcare Systems
- Resources
- Public
- You



Profound Change

- Genomic technology will allow us to identify those at risk for genetic and genomic conditions
- Infrastructure needed to provide predictive and preventive services is not currently available
- Knowledgeable providers that can interpret test results for individuals and their family are sparse
- Evidence of beneficial outcomes of care still incomplete *Nursing research
- Reimbursement that covers such services is limited

Ethical Implications

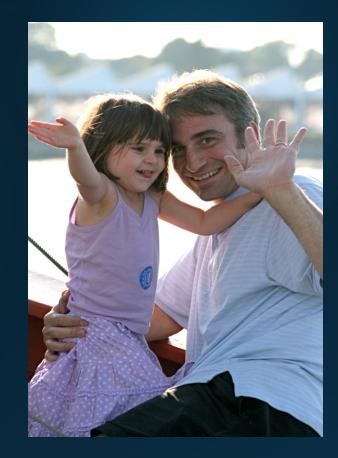
- Complexity of information
- Public literacy
- Promise versus reality
- Privacy
- Confidentiality
- Access to health care
- Not everyone wants to know genetic information
- Informed health decisions
- Grey areas of clinical utility and personal utility

Predictive

 Kevin and his family have an extensive history of colon cancer and are seen as part of an HNPCC (Lynch) clinical study. Kevin and his twin brother find out through genetic testing that one is at risk for the hereditary colon cancer and the other is not. This information presents different challenges for each of them as they seek out guidance from their individual care providers. Kevin reports he spends a lot of time explaining why he needs a colonoscopy now even though he's only 30. Kelly works in the state legislature to improve coverage for colonoscopys.

Genetics/Genomics of Common Disease - HNPCC

- IMPLICATIONS FOR INDIVIDUALS AND THEIR FAMILIES
- COMMUNICATION OF
 TEST RESULTS
- SCREENING BEHAVIORS AND PAYMENT SYSTEMS
- <u>HTTP://WWW.CANCER.GO</u> V/TYPES/COLORECTAL/HP /COLORECTAL-GENETICS-PDQ





HNPCC or Lynch Syndrome



REGISTER NOW

PUBLIC HEALTH GENOMICS IN PRACTICE: Lynch Syndrome: A Public Health Approach

A webinar presented by APHA Genomics Forum Tier 1 Applications and Workforce Development Workgroup and Genetic Alliance Tuesday, April 21, 2015, 12:00 pm - 1:00 pm ET

Psychosocial and Ethical Issues

- Monsen, R. textbook (2008)
- Guilt
- Fear
- Privacy concerns
- Anxiety
- Unable to understand complex information
- Unable to explain complex information to family
- Depression
- Other?

Privacy and Confidentiality

Individuals who know the information may have difficulty keeping from and/or sharing of genetic information with family members, friends, insurers, and employers

- Genetic tests can be performed on stored samples (e.g. blood or tissue), including samples collected for other purposes
- Medical information is increasingly kept in electronic databases, tied to genomic information, and placed in widely accessible databases (e.g. dbGaP)

Implications Across the Generations

- Gatekeeper
- Communicator
- Decision maker
- Short term and long term implications
- Neurogenethics Carli, T. (2015).
 Applied & Translational Research 5:18-22.



Barry

 Barry has experienced progressive neurologic symptoms since age 35. He's visited multiple physicians, had expensive work-ups, and been frustrated that he doesn't know why his symptoms or what he has. He was enrolled in the NIH undiagnosed disease program which included whole genome sequencing as part of his work-up.

(https://www.genome.gov/27550959/undiagnosed -diseases-network-udn/) Lots of information is now available to share with Barry, including some "incidental findings". But he's usnure he wants to know all of it.

Incidental Findings

"A finding concerning an individual research participant that has potential health or reproductive importance and is discovered in the course of conducting research but is beyond the aims of the study."

- For analysis on identifiable specimens, establish a plan for handling incidental findings
 - Mechanism for assessing for incidental findings
 - Criteria for offering results
 - Confirmation
 - How long you will look for results

Wolf, S., et al. (2012). Managing incidental findings and research results in genomic research involving biobanks and archived datasets. Genetics in Medicine, 4, 361-384.

Return of Incidental Findings ACMG 2013 Policy Statement

- ACMG policy statement is specific to clinical application of whole genome analysis
- Specifies that laboratories should interrogate the genome for a list of 56 specific genes associated with specific phenotype/syndromes.
- Duty to warn surpasses patient autonomy
- Decision to disclose these results should not be restricted to the age of majority but encompass disclosure of results including adult onset disorders to the parents of children

Option to opt out (update)

Green, R. et al.(2013). ACMG recommendations for reporting of incidental findings in clinical exome and genome sequencing. *Genetics in Medicine*, 15(7), 565-574.

Patient views on incidental findings (IF)

- Clift, K. et al. (2015). Applied & Translational Genomics 4:38–43 Fifty-five in-depth interviews
- Participants felt it was imperative to include the patient in decisions
- Risks and benefits of knowing genomic information are personal and contextual
- Many voiced desire to received IF
 - Quality of life; finding answers; prep for future
- Many voiced desire not to received IF
 - Religious beliefs; burden of knowledge; future repercussions



Was it worth it? Value of genomic individualized medicine

- Halverson, C. (2016). Journal of Community Genetics. 2:145-152. Thirty-seven interviews
- Types of results

Status

Deleterious mutations related to phenotype	Required to return
Variants of unknown significance suspected to be related to phenotype	Required to return
Medically actionable deleterious mutation unrelated to phenotype	Optional
Carrier status for Mendelian disorders	Optional
Pharmacogenetic variants	Optional

Results were overwhelmingly positive

- Personal utility-felt empowered over their own health
- Felt they were contributing altruistically to genetic technology progress
- Felt their suffering had been legitimized
- Sense of closure in that they had done everything they could
- Lupo, P. (2016). *Per Med*.1; 13(1): 13–20.
- 23% enthusiasts; 60% health consciousperceived medical utility; 17% skeptics

Research Considerations

- Stability of DNA (i.e., storage and future use)
- Broad sharing of samples/data
- Limited control of downstream use
- Limited right to withdraw
- Identifiability
- Incidental findings and duty to disclose
- Return of results

Return of Research Results

Process of offering and delivering results

- Inform subjects how they would be contacted
- Involve healthcare professionals with the appropriate expertise (i.e., experts in the field, geneticist, genetic nurse, genetic counselor)
- The research participants' right to not know certain test results
- The process is in compliance with professional standards related to disclosure of genetic and genomic information for healthcare decisionmaking
 - Genetic education and counseling

Lauren

Lauren was diagnosed with breast cancer at age 34. She was offered genetic testing and decided this would be a good option for her. She was excited to share this decision with her husband and sister. However, both expressed concerns about her decision. Her husband was worried about what they would do if a mutation was identified – they had a 14 year old daughter and who and when would they tell her? Her sister was concerned because she had no interest in knowing her own risk for cancer. If Lauren knew, that would make it complex for her. Lauren died before getting her genetic test results.

Returning a Research Participant's Genomic Results to Relatives

- Analysis and Recommendations Wolf, S. et al. (2015). J Law Med Ethics. 43:3, 440-463
- Discussion as to whether researchers have any responsibility to offer participants results to participants relatives
- Offers ethics review, recommendations, and model pathways

Explore Informed Consent Materials:

- Process and Special Considerations for Informed Consent in Genomics Research
- Informed Consent Elements: Considerations for Genomics Research and Sample Language
- Sample Consent Forms
- Glossary
- Additional Resources and Educational Tools
- <u>http://www.genome.gov/27026588</u>

In addition to being personal and unique to each individual, genomic data may:

- Be stored and used indefinitely.
- Inform individuals about susceptibility to a broad range of conditions (some unexpected).
- Carry with them risks that are uncertain or unclear.
- Be reinterpreted and change in relevance over time.
- Raise privacy concerns (in part because of the risk of re-identification).
- Be relevant for family members and reproductive decision-making.

Social Implications

- Public perceptions
- Human rights
- Accessibility
- Discrimination

Discrimination

 Stacey's sister is enrolled in a family history study

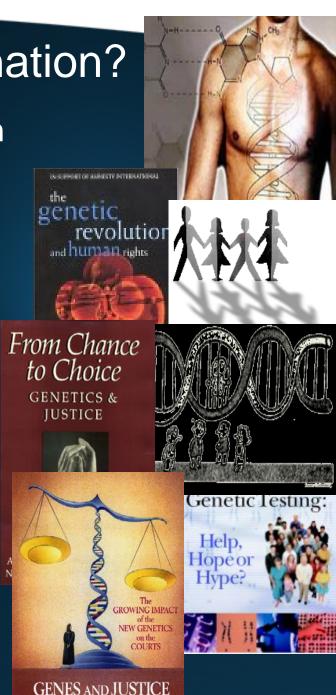


designed to determine if there is an inherited contribution to why her lymphoma occurred at a young age. Stacey is concerned about the potential utilization of this information against her in the workplace and isn't interested in being a part of the study. Is her concern valid?

What Is Genetic Discrimination?

- Social or economic discrimination or stigmatization based on one's genetic information
 - denial of access to or increased cost of insurance
 - loss of employment, educational, or other opportunities
 - Insurance considerations
 - Health, Life, Long Term Care, Disability

**Special consideration for the military



Race, Ethnicity, Culture

- Personal identity
- Community identity
- Past history of abuse
- Health disparities
 - * In study by Lupos (2016) TRUST influenced participant perceptions of utility of whole genome sequencing. Recommended research among those with historical mistrust of medicine, physicians, and research

Policy

- Prevention of discrimination
- Accessibility to services
- Return of genetic test results
- Communication of genetic tests results to family members
- Documentation and privacy of health information
- Communication of health information via EHR

What is GINA? (2008)

- A federal law that prevents health insurers and employers from discriminating based on an individual's genetic information
- The law is intended to allow Americans to take advantage of the benefits of genetic testing without fear of losing their health insurance or their jobs
- http://www.genome.gov/10002328

GINA Coverage Limitations

- Civil suit is restricted to those that have exhausted all administrative remedies
- Does not prohibit medical underwriting based on current health status
- Does not cover life, disability, and long-term care insurance
- Does not cover employers with <15 employees (those covered by the ADA)

GINA Coverage Exclusions

 Members of the United States military, veterans obtaining health care through the Veteran's Administration, and the Indian Health Service because the laws amended by GINA do not apply to these groups and programs

Legal Implications

- Regulatory oversight
- Reimbursement
- Guidelines

QUALITY OVERSIGHT

• FDA takes steps to help ensure the reliability of certain diagnostic tests: Reinforces agency's commitment to fostering personalized medicine Laboratory Developed Tests (LDT)

http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedur es/InVitroDiagnostics/ucm407296.htm

- Drug Labeling
- Genome sequencing
- NIH Genetic Testing Registry
 - <u>http://www.ncbi.nlm.nih.gov/gtr/</u>
- EGAPP (www.cdc.gov)

Coordinated, systematic process for evaluating genetic tests

Visioning

 Davey is receiving treatment for cancer. He has a family history of cancer but when tested for known genetic mutations, none have been identified. He is being offered as part of his clinical study to have whole genome sequencing. He has no idea what that is and asks you for more information about whether or not he should do this.



National Institutes of Health (NIH)



Precision Medicine Initiative

- Privacy concerns
- Providers
- Participants
- Diversity
- Sample access and storage
- Big data
- Information provided back to participants
- Communication methodologies and technologies
- Across the generations?
- Other

Religious and Spirituality Values

- Beliefs
- Origins
- Body substances "life"
- <u>http://genetics.ncai.org/what-do-tribes-think-about-genetics-research.cfm</u>
- A Spectrum of Perspectives: Native Peoples and Genetic Research
- <u>https://www.youtube.com/playlist?list=PLS6nSmu</u> <u>URFJC6iY2IWMFwfVjXDHfC6AwC</u>



Positioning for the Future





Resource

- Badzek, L. et al (2013). Ethical, Legal, and Social Issues in the Translation of Genomics Into Health Care. Journal of Nursing Scholarship, 2013; 45:1, 15–24. Available at: http://www.genome.gov/27552093
- Hammer, M. (2016). Research Ethics Considerations Regarding the Cancer Moonshot Initiative. ONF, 43(4), 428–431.
- Hammer, M. (2016). Precision Medicine and the Changing Landscape of Research Ethics. ONF, 43(2), 149–150.

ELSI Research

- Pullman, D., & Etchegary, H. (2015). Clinical Genetic Research 3: Genetics ELSI (Ethical, Legal, and Social Issues) Research (Chapter 22 in Patrick S. Parfrey and Brendan J. Barrett (eds.), Clinical Epidemiology: Practice and Methods, Methods in Molecular Biology, p. 369-382.)
- What is ELSI research? Historical context.
- When and how to engage in ELSI research.

PERSONAL/PROFESSIONAL PERSPECTIVE • Example

– NHL

SEMINARS IN ONCOLOGY NURSING, 2006, 22(2), 117-125



dnaandu.org

Share and learn from personal stories about using or not using genetic information in personal health care.



I'm Jean Jenkins. I'm a nurse and cancer survivor with a dream of building an archive of stories documenting the use of DNA information in personal healthcare. Your experiences can help others navigate this emerging field. Browse or share your story.



BROWSE STORIES

See what others say about their experiences.



SHARE YOUR STORY

Write your story, make a video, or connect with Jean for an informal interview.



THE PROJECT & JEAN

Genetic testing helped Jean fight lymphoma. Find out more about her story and what led to this project.

Summary

- This is a pivotal time in history
- ELSI issues are relevant to all healthcare professionals
- Leadership is needed
- You have the ethical foundation necessary to guide translation of genomics
- Each of you are key to bridging the gaps, providing the voice, and moving knowledge forward in a safe and sensitive manner for all "participants/partners"
- It is essential to have diverse populations and voices included



Future Opportunities

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