

# Genomics and Patient Safety: Practical Applications for Pharmacogenomics

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American College of Clinical Pharmacy*

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University of Colorado School of Pharmacy*



**“All I’m saying is now is the time to develop the technology to deflect an asteroid.”**

# Overview

- Evaluate opportunities to evolve CME delivery amidst genomic advances and ongoing health care transformation
- Describe regional and national KP efforts to implement genomic medicine that optimizes patient safety and provider satisfaction
- Produce actionable takeaways based on these experiences thus far...

# IOM Genomics Roundtable

- Recent workshop in August, 2014
- “Improving Genetics Education in Graduate and Continuing Health Professional Education: Workshop Summary”

Challenges in reaching providers

Just-in-time education

Innovative education models

Building evidence to reduce mistakes

How to be ‘interprofessional’

# Takeaways: How to Evolve

- David Davis, Senior Director, Continuing Education and Performance Improvement, AAMC

- *More effective means – such as just-in-time learning – are available and increasingly relevant*
- *CME should be more interprofessional*
- *Should leverage existing initiatives (i.e., PROCEED, MedEdPortal)*

# Takeaways: Just-in-time Approach

- Benjamin Raby, Section Editor – Genetics, UpToDate
- Associate Professor of Medicine
- Channing Division of Network Medicine and the Division of Pulmonary and Critical Care Medicine,
- Director, Brigham and Women's Hospital Pulmonary Genetics Center Harvard Medical School

- *Critical need to incorporate disease-specific genetic information rapidly*
- *UpToDate makes educational information accessible through electronic medical records*
- *Biggest challenge is the 'lag' between reports of translational findings and integration into practice*

# Takeaways: IPE

- Diane C. Seibert,  
Professor, Chair &  
Director, Family Nurse  
Practitioner Program
- Uniformed Services  
University

- *The concept of IPE is to learn about what another profession does, with other professionals in the same environment, and taught from different professions*
- *IPE is useful because health care systems are so complex that different perspectives are needed to get the best outcomes*

# Medical Practice Realities

Most physicians deliver only 55% of recommended care

- 42% report not enough time with their patients

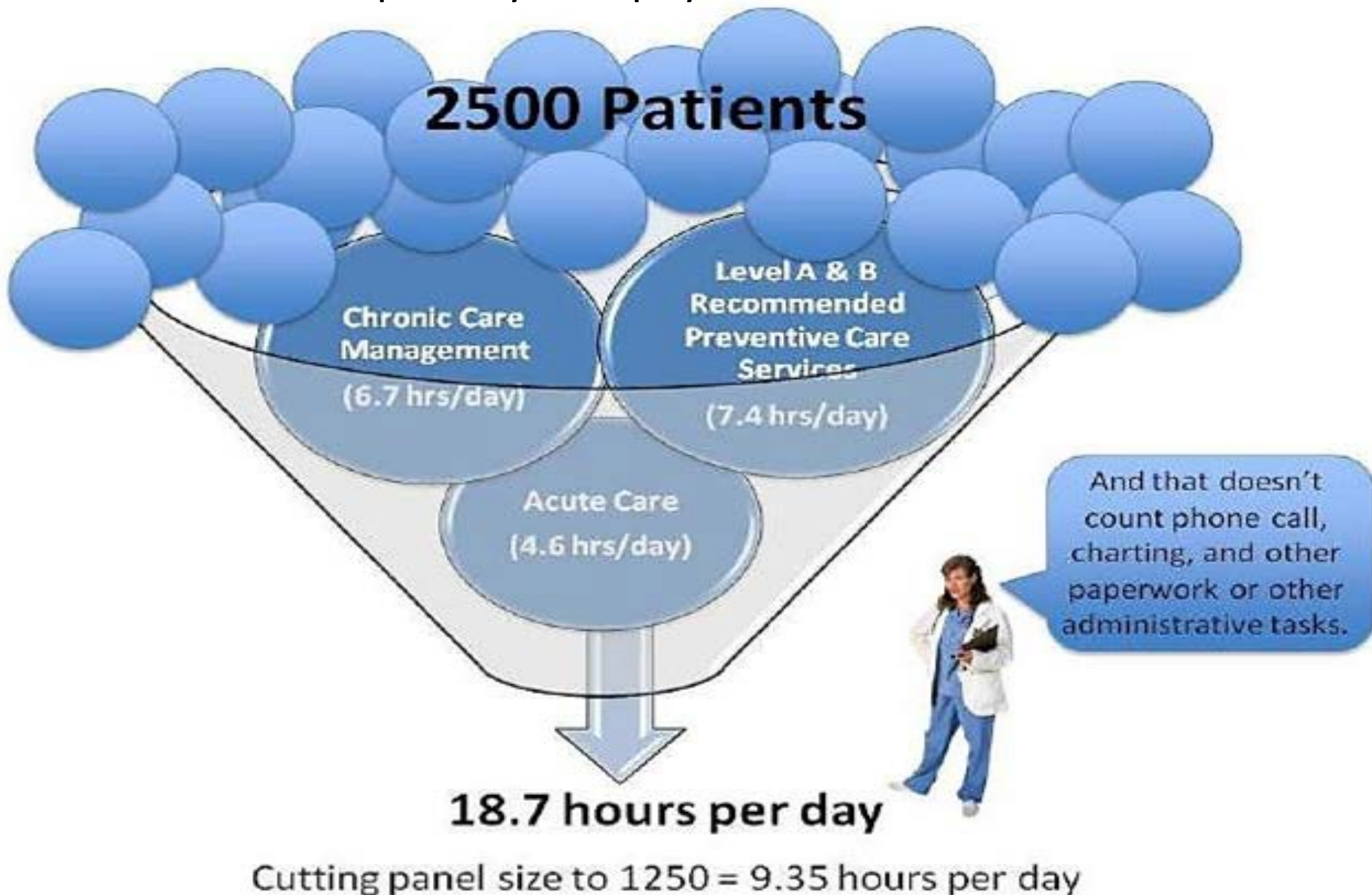
Pharmacist protocols for approval of medication refills free up physician time

Providers spend 13% of their day on care coordination

- Only half of their time on activities using their medical knowledge.
- MTM telepharmacy services during transitions of care improve physician efficiency

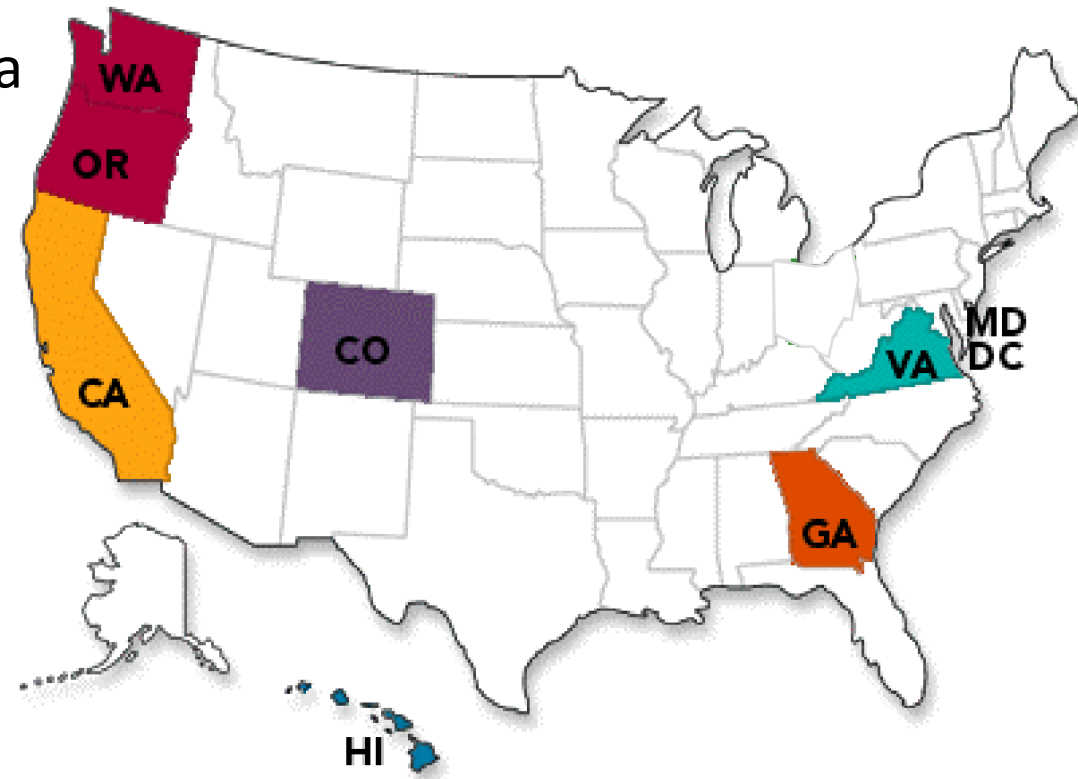


# Time demands on primary care physicians...



# KP National Program – By the numbers...

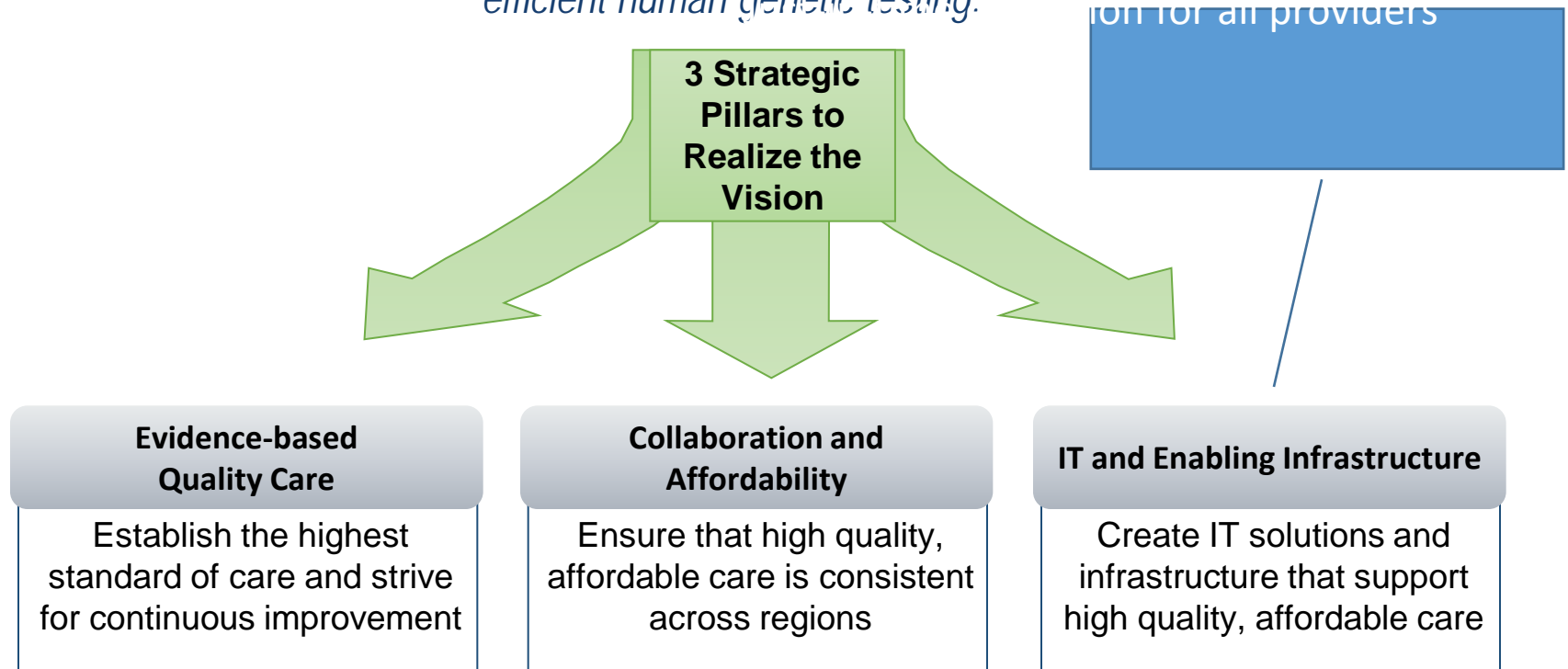
- 7 regions serving 8 states and the District of Columbia
- Over 9 million members
- 174,000 employees
- Over 16,000 physicians
- Over 48,000 nurses
- 38 hospitals
- 611 medical offices and other facilities
- \$50 billion operating revenue (2012)



# A little history on the KP's Genetic Strategy

## Genetics Services Vision Statement

*Kaiser Permanente provides clinical genetic and testing services to guide personalized evidence-based care decisions and care delivery. Our team-based approach enlists clinical expertise, information technology and cross regional collaboration to support high quality, reliable and efficient human genetic testing.*



# Why are we here?

We need a team based approach to genetic testing and selection in Oncology

## Themes

Oncologists	Geneticists	Laboratory	Pharmacy
Multiple areas of specialization	Some	In	The FDA continues to pair genetic tests with cancer treatments
Hundreds of clinical trials			
Laboratory panels, tests changing rapidly – Need pathology and molecular testing experts to help us select the right tests and panels			Companies offering free tests may be a conflict of interest. Need lab to evaluate quality
		the most accurate results, fastest TAT and most affordable price	

David Baer, MD – “We (oncologists, lab directors, geneticists, pathologists, pharmacists) have to all stop saying it’s not our job and start working collaboratively to figure this stuff out.”

# Interregional Genetic Testing Resource Plan

Focus on expanding the value to Oncologists



Expand the  
Genetic  
Testing  
Resource

- Pharmacogenomics
- Oncology
- Regular updates

Integrate  
Resource into  
Workflows

- Intuitive to use
- Establish access
- Incorporate its use

Realize the  
Value

- Improve decision making
- Speed the application of new evidence for patients
- Improve the consistency of care

# Interregional Genetic Testing Resource

This view shows genetic tests that are relevant to **Oncology**:

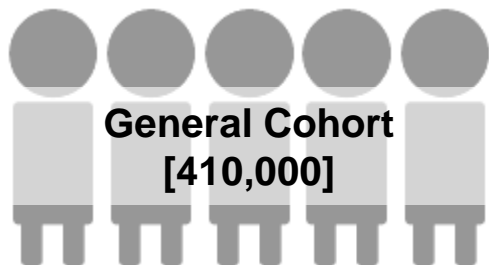
+ new item or edit this list

All Items By Test Type **Oncology** **Colorectal** x

*Oncologists may want to see only cancer related tests and all test lists have the capability to search for a specific test of interest*

✓	Test Name	Gene/Locus	Test Description	Condition Name	KP Internal Regions	Genetic Test Type
	BRAF (V600E) mutation analysis (Qualitative)	... BRAF	Detects the most common activating BRAF mutation in melanoma tissue.	Melanoma	NCAL	Molecular - Somatic
	EGFR Tumor Screening	... EGFR	Identifies somatic EGFR mutations in tumor tissue.	Metastatic colorectal cancer (mCRC)	NCAL	Molecular - Somatic
	Epidermal Growth Factor Receptor (EGFR) Pathway Mutation Analysis (KRAS, BRAF)	... BRAF, KRAS	Detects mutations in codons 12,13, and 61 of KRAS and the BRAF V600E mutation as part of the EGFR pathway.	Metastatic Colorectal Cancer; Squamous Cell Carcinoma of the Head & Neck	NCAL	Molecular - Somatic
✓	<u>Hereditary Colorectal Cancer Syndrome Panel</u>	... EPCAM, MLH1, MSH2, MSH6, PMS2, +	Next generation sequencing panel that at least includes the 5 genes known to cause Lynch Syndrome, plus genes associated with other hereditary colorectal cancer syndromes.	Lynch syndrome and other hereditary colon cancer syndromes		Molecular - Germline

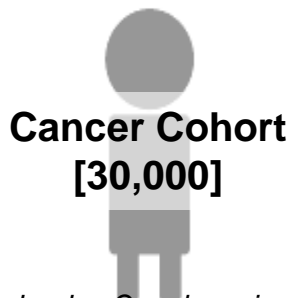
# The KP Research Bank will have samples from 500k members



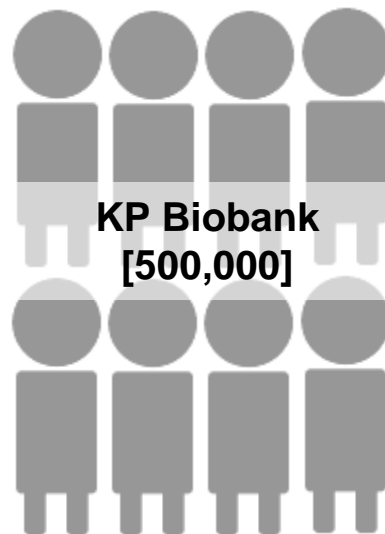
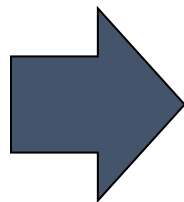
*Enables research of relevance to all KP members across a broad spectrum of common diseases and builds on existing 200,000 samples*



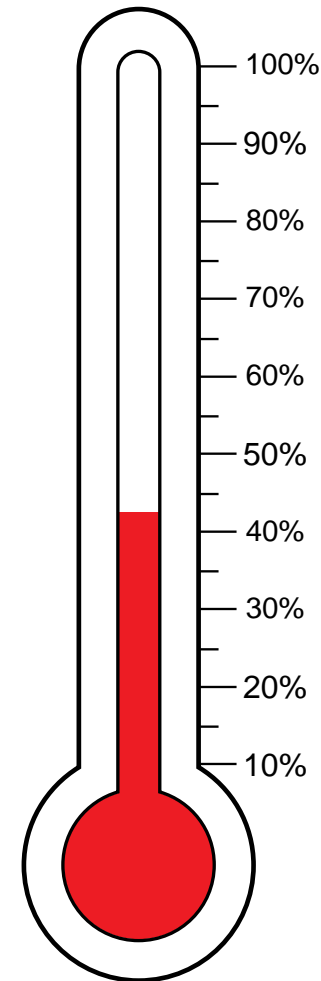
*Will be among the largest and richest pregnancy research cohorts in the world*



*Linked to tissue banks; Oncology is an early adopter of genomic medicine; over half of KP researchers focus on cancer*



Goal: 500K

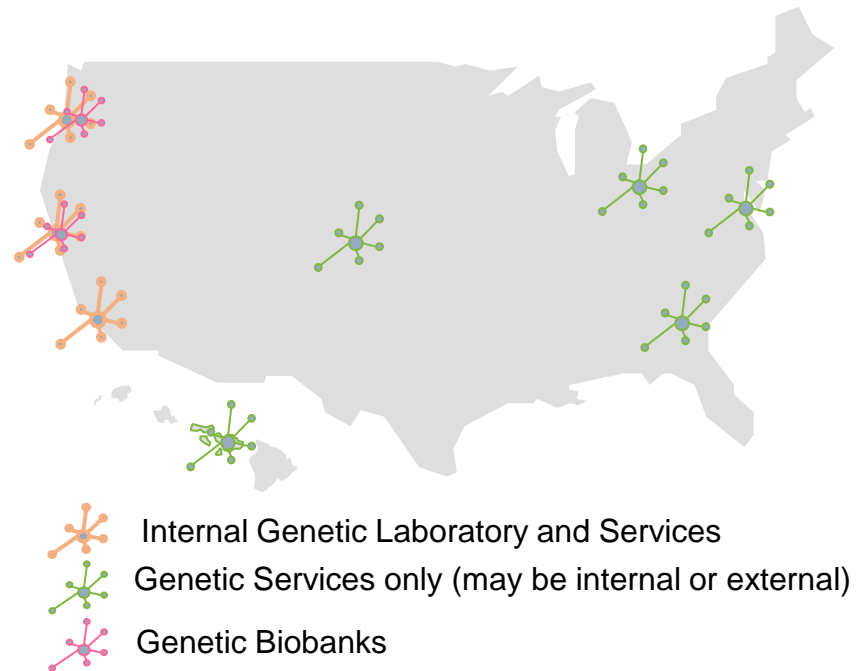


Enrolled & Sampled

# KP National Program – Building Connections

## Goals for 2015

- Draft a “roadmap” of resources and champions in each KP region for pharmacogenomics
- Provide content expertise to help guide implementation and research



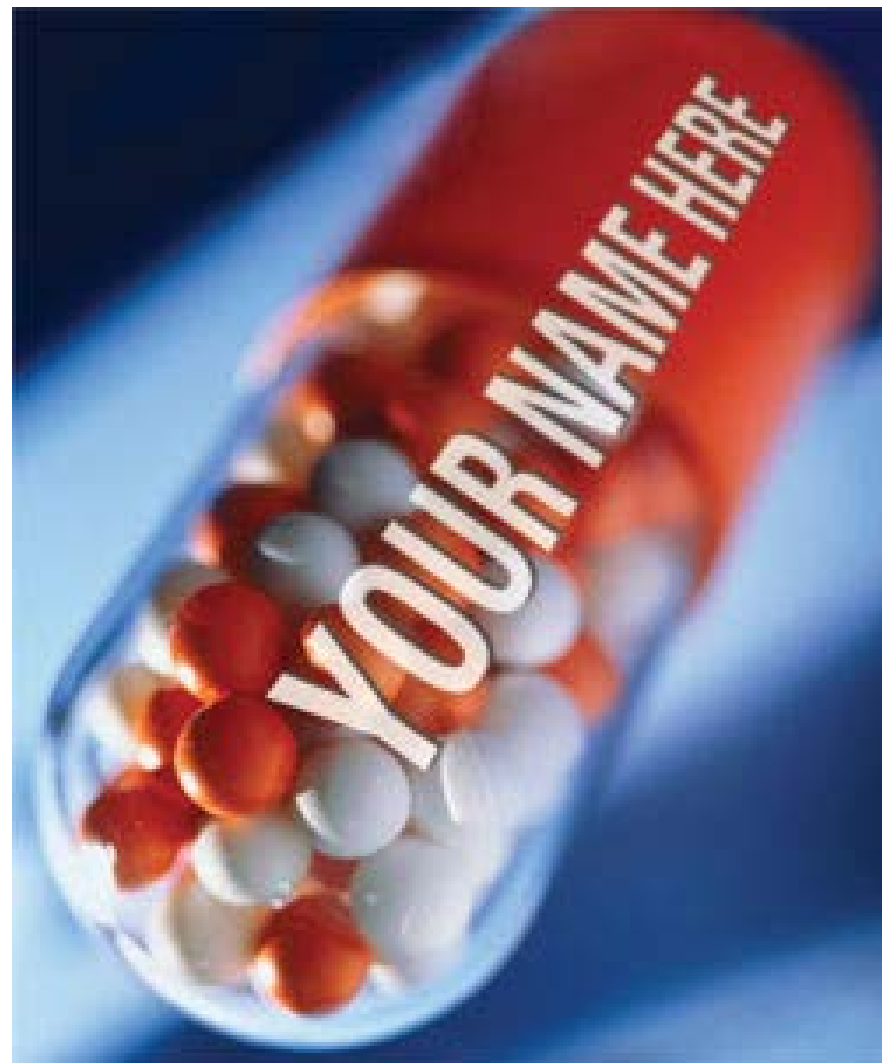


# Kaiser Permanente Colorado

- Colorado's largest nonprofit health plan
- 28 Medical Offices
  - 6,000+ staff and physicians
  - 635,000 members
- Recognized by the National Committee for Quality Assurance (NCQA) as the top-ranked private health plan in Colorado and No. 13 in the entire nation for 2013-2014
- 22 KPCO clinics and more than 300 individual physicians have earned the top-level Patient-Centered Medical Home designation from the National Committee for Quality Assurance (NCQA)

# Precision Medicine

- Includes applied Pharmacogenomics (PGx)
- Part of a systematic approach to optimizing pharmacotherapy
- Recent comments by President Obama during SOTU address augment current translational efforts

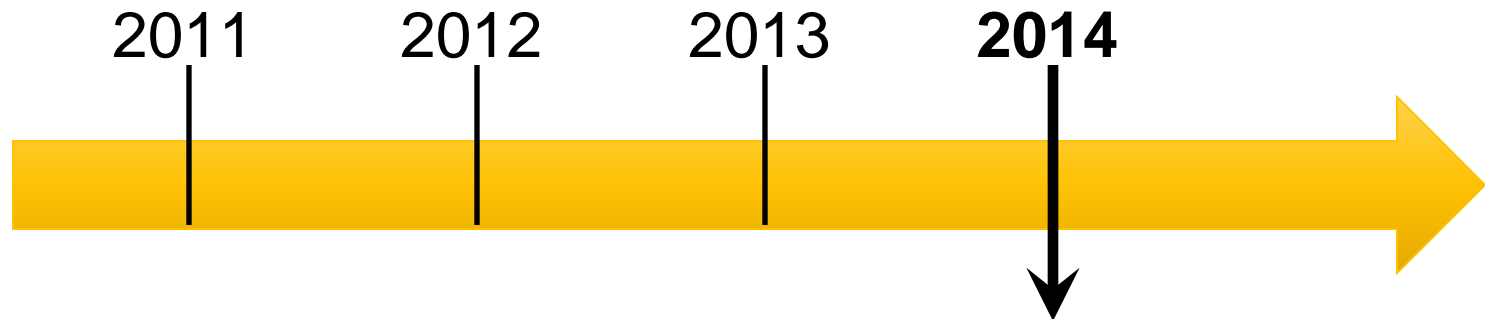


# KPCO Regional Goals

Promulgate use of evidence-based technology to optimize patient safety:

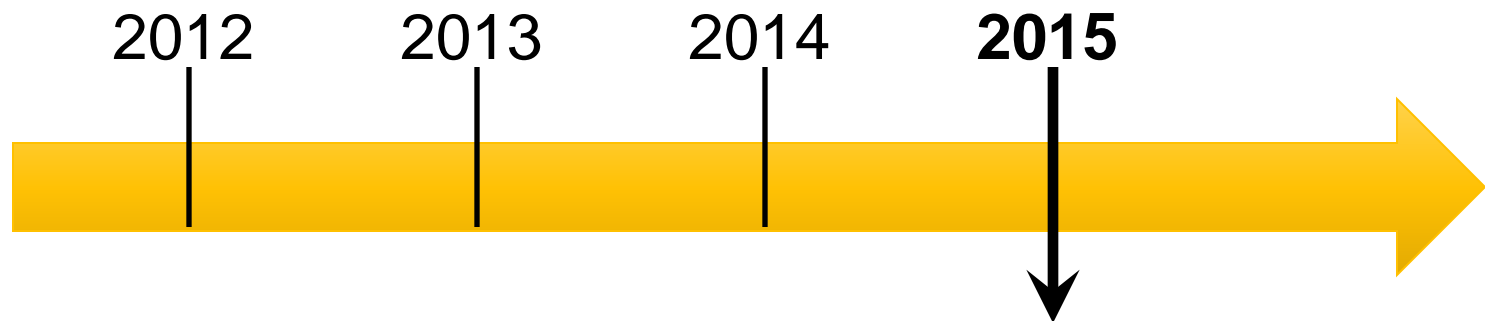
1. Prevent avoidable adverse drug reactions
2. Promote and increase medication adherence
3. Provide targeted educational information to front-line clinical providers about impact of pharmacogenomics

# KPCO Implementation Roadmap



- Became National KP Co-Lead for PGx
- Implemented targeted *CYP2C19* genotyping for clopidogrel
- Developed proposal for embedded just-in-time education for front-line clinicians re: *CYP2C19*-clopidogrel interaction

# KPCO Implementation Roadmap



- Expanding Clinical Testing with PGx Panel (6 genes, pre-emptive screening) to identify impact on healthcare related utilization and provider satisfaction
- Developing proposal for front-line provider education to increase engagement and collaboration

# Interim Data Summary for KPCO

- 219 patients approached for *CYP2C19* genotyping (post-ACS, stent implantation)
- 149 patients completed testing
- **77 (~52%) of patients had an actionable genotype** (e.g. carried at least one gain-of-function or loss-of-function allele)
- Clinical Pharmacy recommendations accepted 100% of the time.

# Interim Data Summary for KPCO

- 37 patients diagnosed with inherited Long QT Syndrome (LQTS)
- *13 (~35%) of patients had an active Rx* for a drug with known QT-prolongation effects
- Comprehensive medication reviews for all patients, with consult/recommendations forwarded to all downstream providers
- Problem list updated for all patients

# Examples of Outside Resources

## Clinical Pharmacogenetics Implementation Consortium Guidelines for *CYP2C9* and *VKORC1* Genotypes and Warfarin Dosing

JA Johnson<sup>1</sup>, L Gong<sup>2</sup>, M Whirl-Carrillo<sup>2</sup>, BF Gage<sup>3</sup>, SA Scott<sup>4</sup>, CM Stein<sup>5</sup>, JL Anderson<sup>6</sup>, SE Kimmel<sup>7,8,9</sup>, MTM Lee<sup>10</sup>, M Pirmohamed<sup>11</sup>, M Wadelius<sup>12</sup>, TE Klein<sup>2</sup> and RB Altman<sup>2,13</sup>

## Clinical Pharmacogenetics Implementation Consortium (CPIC) Guidelines for Codeine Therapy in the Context of *Cytochrome P450 2D6* (*CYP2D6*) Genotype

KR Crews<sup>1</sup>, A Gaedigk<sup>2</sup>, HM Dunnenberger<sup>3</sup>, TE Klein<sup>4</sup>, DD Shen<sup>5,6</sup>, JT Callaghan<sup>7,8</sup>, ED Kharasch<sup>9</sup> and TC Skaar<sup>7</sup>

## Clinical Pharmacogenetics Implementation Consortium Guidelines for Cytochrome P450-2C19 (*CYP2C19*) Genotype and Clopidogrel Therapy

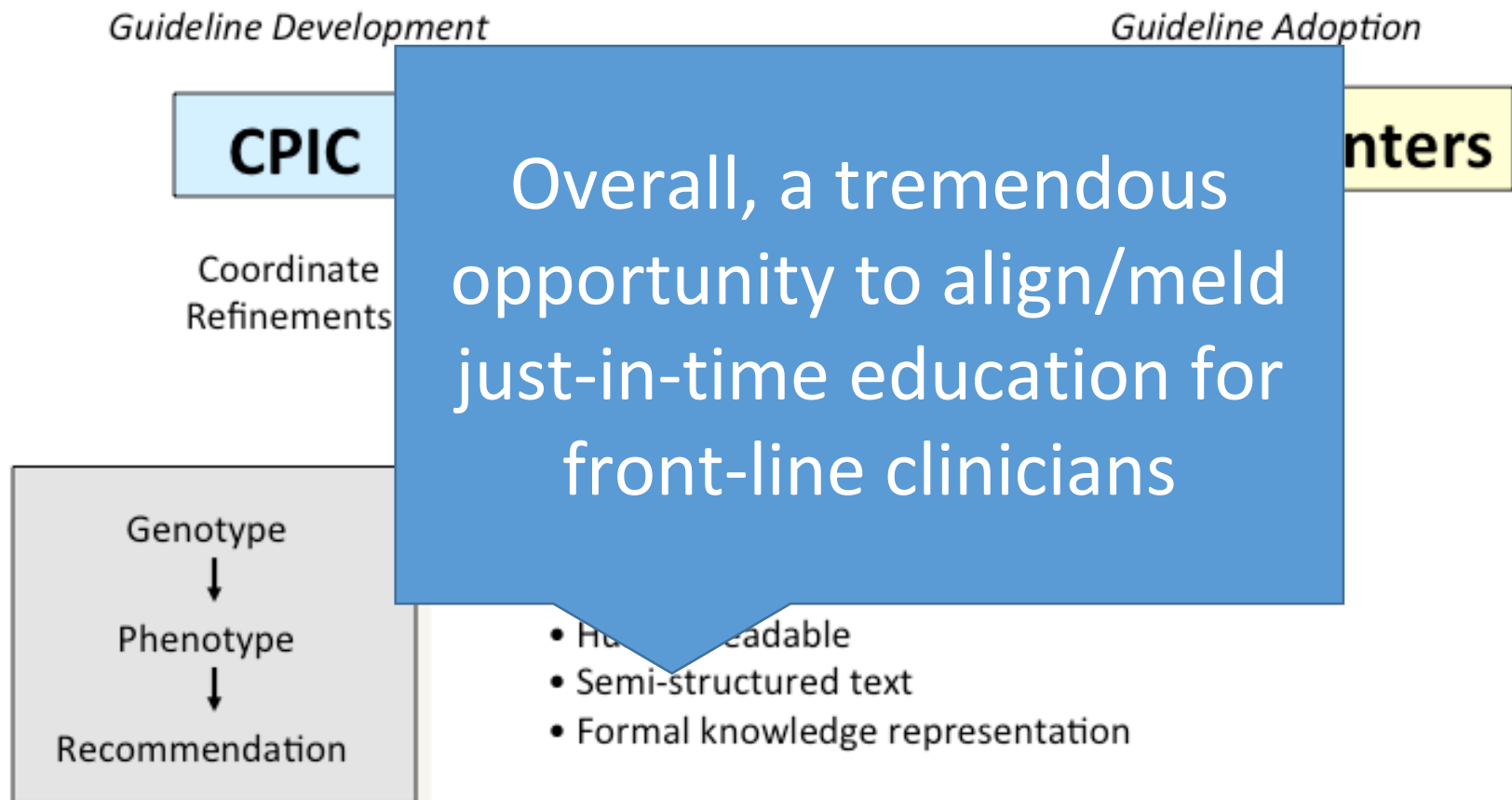
SA Scott<sup>1</sup>, K Sangkuhl<sup>2</sup>, EE Gardner<sup>3</sup>, CM Stein<sup>4,5</sup>, J-S Hulot<sup>6,7</sup>, JA Johnson<sup>8,9,10</sup>, DM Roden<sup>11,12</sup>, TE Klein<sup>2</sup> and AR Shuldiner<sup>13,14</sup>

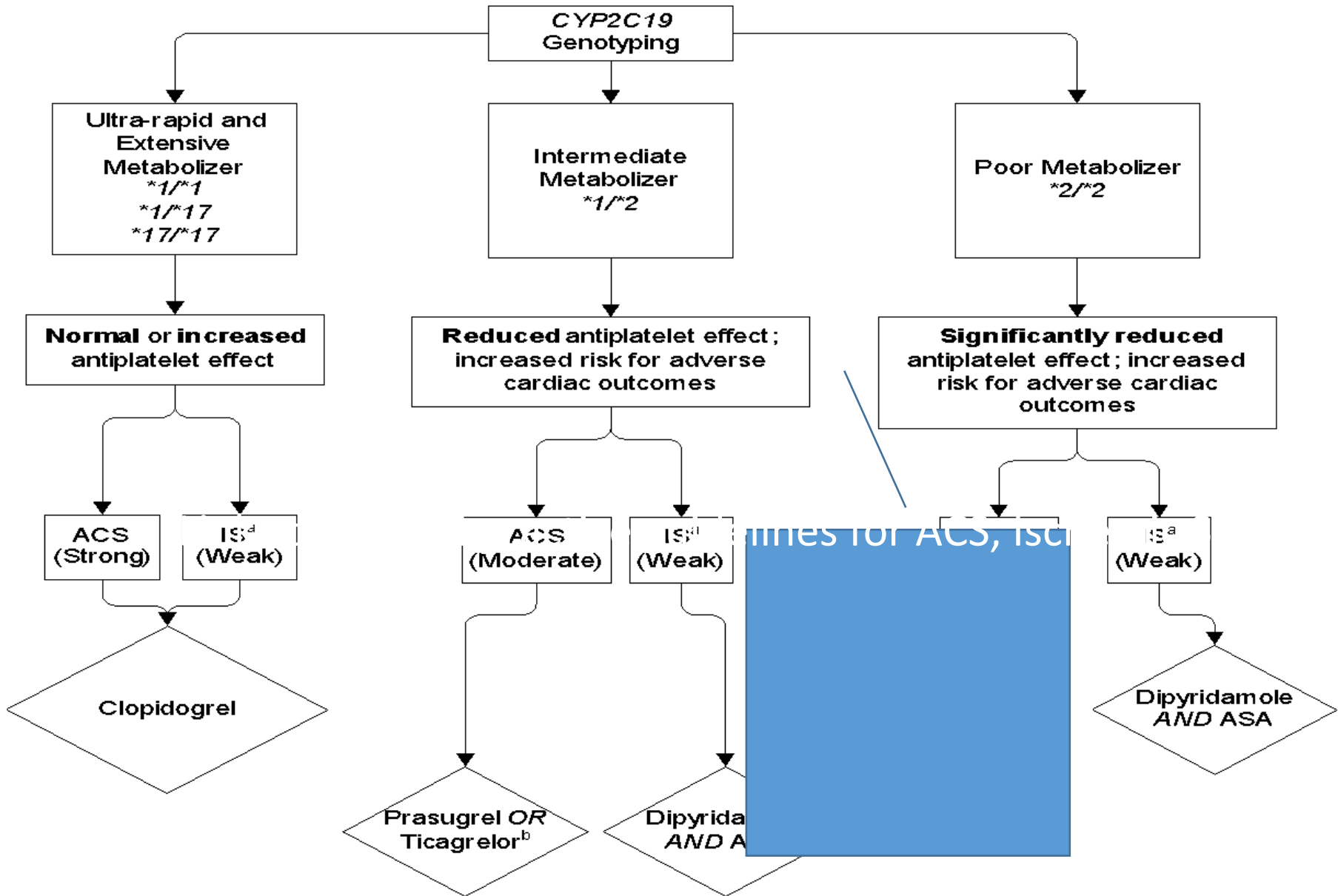
## The Clinical Pharmacogenomics Implementation Consortium: CPIC Guideline for *SLCO1B1* and Simvastatin-Induced Myopathy

RA Wilke<sup>1,2</sup>, LB Ramsey<sup>3</sup>, SG Johnson<sup>4,5</sup>, WD Maxwell<sup>6</sup>, HL McLeod<sup>7</sup>, D Voora<sup>8</sup>, RM Krauss<sup>9</sup>, DM Roden<sup>1,2</sup>, Q Feng<sup>1,2</sup>, RM Cooper-DeHoff<sup>10</sup>, L Gong<sup>11</sup>, TE Klein<sup>11,12</sup>, M Wadelius<sup>13</sup> and M Niemi<sup>14</sup>



# CPIC Informatics: Supporting Guideline Implementation





ARTICLE

# Clinical Pharmacogenetics Implementation: Approaches, Successes, and Challenges

KRISTIN W. WEITZEL, AMANDA R. ELSEY, TAIMOUR Y. LANGA, DAVID R. NESSL, ANIWAA OWUSU OBENG, BENJAMIN J. STAI, ROBERT W. ALLAN, J. FELIX LIU, RHONDA M. COOPER-DEHOF, MICHAEL CONLON, MICHAEL J. CLARE-SALZLER, DAVID R. NE

BestPractice Advisory - Grundahl,Conner

Critical (1 Advisory)



This patient has not undergone genetic testing. Genetic variation can lead to reduced clopidogrel conversion to its active metabolite: decreased platelet inhibition, increased residual platelet aggregation, and decreased clopidogrel efficacy. Consider test panel below.

Add to unsigned orders: Pharmacogenetics Panel

Accept

Cancel

Current challenges exist to widespread clinical implementation of genomic medicine. The University of Florida (UF) Health Personalized Medicine Program (PMP) is a programmatic initiative created in 2011 within the UF Clinical Translational Science Institute for pharmacogenetics, with long-term goals to include expansion to disease-risk prediction. Herein we describe the processes for development of the program, the challenges to achieving clinical acceptance by clinicians of the genomic medicine implementation. The UF PMP began in June 2012 and targeted clopidogrel use and the CYP2C19 genotype in patients undergoing left heart catheterization and percutaneous-coronary intervention (PCI). After 1 year, 1,097 patients undergoing left heart catheterization were genotyped preemptively, and 291 of those underwent subsequent PCI. Genotype results were reported to the medical record for 100% of genotyped patients. Eighty patients who underwent PCI had an actionable genotype, with drug therapy changes implemented in 56 individuals. Average turnaround time from blood draw to genotype result entry in the medical record was 3.5 business days. Seven different third party payors, including Medicare, reimbursed for the test during the first month of billing, with an 85% reimbursement rate for outpatient claims that were submitted in the first month. These data highlight multiple levels of success in clinical implementation of genomic medicine. © 2014 Wiley Periodicals, Inc.

**KEY WORDS:** pharmacogenetics; genomic medicine; implementation; CYP2C19; personalized medicine



Epic ...with the patient at the heart

# All clinical genotype results are posted in EMR

3485 Age: 12 years Allergies: No Known 1° Attend: RAUL C. RIBEIRO, MD 1° NP/PA:  
(Leukemia/Lymphoma) Isolation: 1° Fellow: Fin #: 1129287 (02/04/11)

Micro Viewer

Pharmacogenetics

Flowsheet: Pharmacogenetics Level: Pharmacogenetics

Last 100 Results

Pharmacogenetics	5/20/2012 20:03	5/19/2012 17:27	3/28/2012 04:35
Pharmacogenetics			
CYP2D6 Allele 1		f*4	
CYP2D6 Allele 2		f*2A	
CYP2D6 Genotype Clinical Consult		f Normal	
Thiopurine S Methyl Genotype Result			f *1/*3A
TPMT Genotype Clinical Consult			f Abn Abnormal

Cerner Millenium v2010.02. Powerchart application

Courtesy of Clinical Pharmacogenetics Service at  
St. Jude Pediatric Research Hospital

# Clinical Pharmacogenomics Consult Entered into EMR

PKN Tests	
Thiopurine S Methyl Genotype Result	f *1/*3A
TPMT Genotype Clinical Consult	f Abn.Abnormal

Pharmacist enters a pharmacogenomics consult into medical record

\*\*\*PHARMACOKINETICS CONSULT FOR\*\*\*  
\*TPMT GENOTYPE\*

Sample for TPMT genotype obtained 06/11/12.  
Thiopurine S Methyl Transferase Genotype Result: \*1/\*3A.

This result means the genotype is heterozygous. Heterozygous means intermediately low TPMT activity. This patient may be at risk for toxicity with 6-mercaptopurine and should receive no more than 60 mg/msq/day of 6-mercaptopurine pending further evaluation by a clinical pharmacist and attending Hematology/Oncology physician. If myelosuppression occurs, this result suggests that the 6-mercaptopurine dose be titrated based on WBC and ANC. Every effort should be made to keep other anticancer agent doses at protocol levels.

Time/date of Consult: 06/15/2012 15:18


Jane Smith, Pharm.D.

Management Discipline View		Active Problems	Change View		
Annotated Display		Qualifier	Onset Date	Classification	Life Cycle Status
<b>Medical</b>					
ACUTE LYMPHOCYTIC LEUKEMIA			06/04/2010	HIMS Summary	Active
TPMT - Thiopurine methyltransferase deficiency			06/11/2010	Medical	Active

Courtesy of Clinical Pharmacogenetics Service at St. Jude Pediatric Research Hospital

# Clinical Decision Support an Integral Component

Discern:

 **WARNING**

This patient has an active entry on the problem list for TPMT deficiency, the enzyme responsible for the metabolism of mercaptopurine, azathioprine, and thioguanine. Patients with TPMT deficiency MAY require REDUCED doses of these drugs, please refer to PK consult under PKN Tests tab regarding the correct dosage, or if necessary, page a Clinical Pharmacist

**Alert Action**

- Cancel entry
- Dose altered accordingly
- Modify

History Add'l info OK

If a clinician selects a medication that is linked to the pharmacogenomic alert, a Warning Box will appear with a brief description of the potential problem.

The clinician is then directed to select an appropriate action before proceeding.

Courtesy of Clinical Pharmacogenetics Service at St. Jude Pediatric Research Hospital

## Meeting

### Improving Genetics Education in Graduate and Continuing Health Professional Education: A Workshop

**When:** August 18, 2014 (8:30 AM Eastern)

**Where:** 📍 Keck Center (100) • 500 Fifth St. NW, Washington, DC 20001

**Topics:** Biomedical and Health Research, Public Health, Education

**Activity:** Roundtable on Translating Genomic-Based Research for Health

**Board:** Board on Health Sciences Policy

National Human Genome Research Institute

*National Institutes of Health  
U.S. Department of Health and Human Services*

**Inter-Society Coordinating Committee for Practitioner Education in Genomics (ISCC)**



# Integrating Pharmacogenomics into Pharmacy Practice via Medication Therapy Management

A whitepaper developed by the American Pharmacists Association.

## Emerging Roles for Pharmacists in Clinical Implementation of Pharmacogenomics

Aniwa Owusu-Obeng,<sup>1,2,3,†</sup> Kristin W. Weitzel,<sup>4,5,6,†</sup> Randy C. Hatton,<sup>7</sup> Benjamin J. Staley,<sup>7</sup>

Jennifer Ashton,<sup>7</sup> Rhonda M. Cooper-Dehoff,<sup>4,5,8</sup> and Julie A. Johnson,<sup>4,5,6,8,\*</sup>

<sup>1</sup>The Charles Bronfman Institute for Personalized Medicine, Icahn School of Medicine at Mount Sinai, New York, New York; <sup>2</sup>Pharmacy Department, The Mount Sinai Hospital, New York, New York; <sup>3</sup>Division of General Internal Medicine, Icahn School of Medicine at Mount Sinai, New York, New York; <sup>4</sup>UF Health Personalized Medicine Program, Gainesville, Florida; <sup>5</sup>Department of Pharmacotherapy and Translational Research, Center for Pharmacogenomics, College of Pharmacy, University of Florida, Gainesville, Florida; <sup>6</sup>Clinical & Translational Science Institute, University of Florida, Gainesville, Florida; <sup>7</sup>Pharmacy Department, UF Health Shands Hospital, Gainesville, Florida; <sup>8</sup>Department of Medicine, University of Florida, Gainesville, Florida

Pharmacists are uniquely qualified to play essential roles in the clinical implementation of pharmacogenomics. However, specific responsibilities and resources needed for these roles have not been defined. We describe roles for pharmacists that emerged in the clinical implementation of genotype-guided clopidogrel therapy in the University of Florida Health Personalized Medicine Program, summarize



Pharmacist Competency Map.  
Genetics and Genomics Competency  
Center. Available at: <http://g-2-c-2.org/competency/pharmacist>

#### ➤ B: BASIC GENETIC CONCEPTS

- **B1:** To demonstrate an understanding of the basic genetic/genomic concepts and nomenclature
- **B2:** To recognize and appreciate the role of behavioral, social, and environmental factors (lifestyle, socioeconomic factors, pollutants, etc.) to modify or influence genetics in the manifestation of disease
- **B3:** To identify drug and disease associated genetic variations that facilitate development of prevention, diagnostic and treatment strategies and appreciate there are differences in testing methodologies and are aware of the need to explore these differences these differences in drug literature evaluation
- **B4:** To use family history (minimum of three generations) in assessing predisposition to disease and selection of drug treatment

#### ➤ G: GENETICS AND DISEASE

- **G1:** To understand the role of genetic factors in maintaining health and preventing disease
- **G2:** To assess the difference between clinical diagnosis of disease and identification of genetic predisposition to disease (genetic variation is not strictly correlated with disease manifestation)
- **G3:** To appreciate that pharmacogenomic testing may also reveal certain genetic disease predispositions (e.g. the Apo E4 polymorphism)

#### ➤ P: PHARMACOGENETICS/PHARMACOGENOMICS

- **P1:** To demonstrate an understanding of how genetic variation in a large number of proteins, including drug transporters, drug metabolizing enzymes, direct protein targets of drugs, and other proteins (e.g. signal transduction proteins) influence pharmacokinetics and pharmacodynamics related to pharmacologic effect and drug response
- **P2:** To understand the influence (or lack thereof) of ethnicity in genetic polymorphisms and associations of polymorphisms with drug response
- **P3:** Recognize the availability of evidence based guidelines that synthesize information relevant to genomic/pharmacogenomic tests and selection of drug therapy (e.g. Clinical Pharmacogenomics Implementation Consortium)

#### ➤ E: ETHICAL, LEGAL AND SOCIAL IMPLICATIONS (ELSI)

- **E1:** To understand the potential physical and/or psychosocial benefits, limitations and risk of genomic/pharmacogenomic information for individuals, family members and communities, especially with genomic/pharmacogenomic tests that may relate to predisposition to disease
- **E2:** To understand the increased liability that accompanies access to detailed genomic patient information and maintain confidentiality and security
- **E3:** To adopt a culturally sensitive and ethical approach to patient counseling regarding genomic/pharmacogenomic test results
- **E4:** To appreciate the cost, cost-effectiveness, and reimbursement by insurers relevant to genomic or pharmacogenomic tests and test interpretation, for patients and populations
- **E5:** To Identify the need to refer a patient to a genetic specialist or genetic counselor