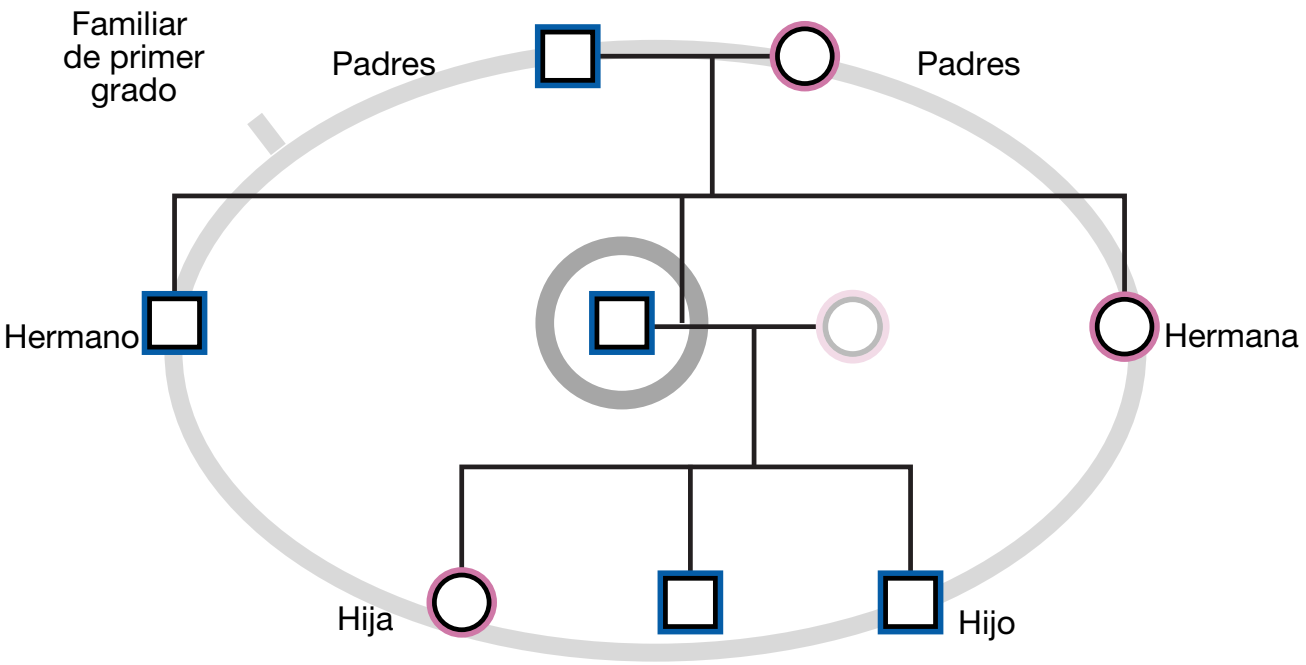Familiar de primer grado