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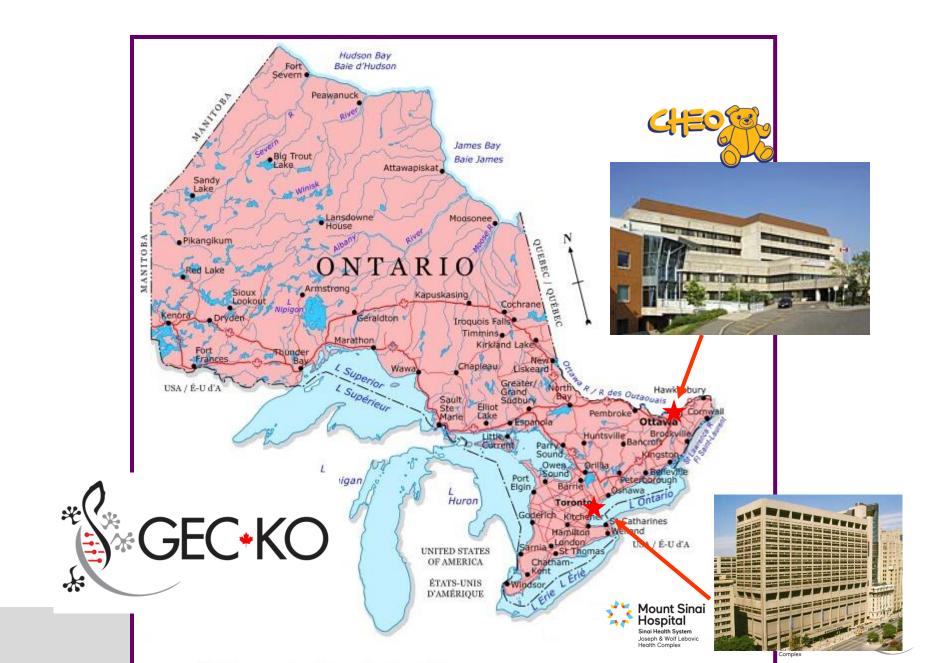
Genetics Education Canada * Knowledge Organization

Shawna Morrison MS CGC
Program Manager of GEC-KO
Certified Genetic Counsellor
Children's Hospital of Eastern Ontario











The Team



Prof. Judith E. Allanson, MB ChB, FRCP, FRCPC, FCCMG

GEC-KO co-founder & co-director Retired clinical geneticist



Prof. June C. Carroll, MD, CCFP, FCFP

& co-director
Family physician and clinician scientist



Ms. Shawna Morrison, MS, CGC

GEC-KO program manager
Certified genetic counselor

Challenges & Solutions to Implementation

Challenge

Securing ongoing funding



Solutions

- Work with experts
- Rely on volunteerism
 - Collaborating with topic experts on educational products and offering authorship
- Form partnerships
 - Research grants that incorporate GEC-KO evaluation or product development







Challenges & Solutions to Implementation

Challenge

 Advocating the value of genetics education to non-genetics health professionals when this is often not viewed as relevant as a stand alone subject

Solutions

- Integrate in existing wellattended CE venues
- Involve the health professional group in giving the seminar i.e. FP
- Provide ongoing support with resources online and relationships with actual people





Best Practices for Implementation

- Use Program Logic Model
 - Provides clear and purposeful direction, and justification for activities
- Be evidence-based
- Keep resources up-to-date
- Provide resources for point of care
- Evaluate skills wherever possible
- Integrate into existing education venues
- Engage and listen to stakeholders
 - Be flexible, continuously evolve
- Be visible and accessible

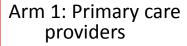






Program Map

*All arms relate to provision of genetic services



Provide care to patients at first contact with the healthcare system, including access, coordination, continuity and comprehensiveness of care as it relates to disorders with a genetic component

Arm 2: Secondary care providers

Provide care to patients who have been referred by primary care or other healthcare providers

Arm 3: Trainees

- Undergraduate medicine
- Postgraduate trainees of various disciplines

Arm 4: The Public

Description of goals, activities conducted and outcomes of program development and delivery will be provided specifically for each arm of the program (Gaff *et al.*, 2007 model)

Goals of Primary Care Arm

Primary care providers will:

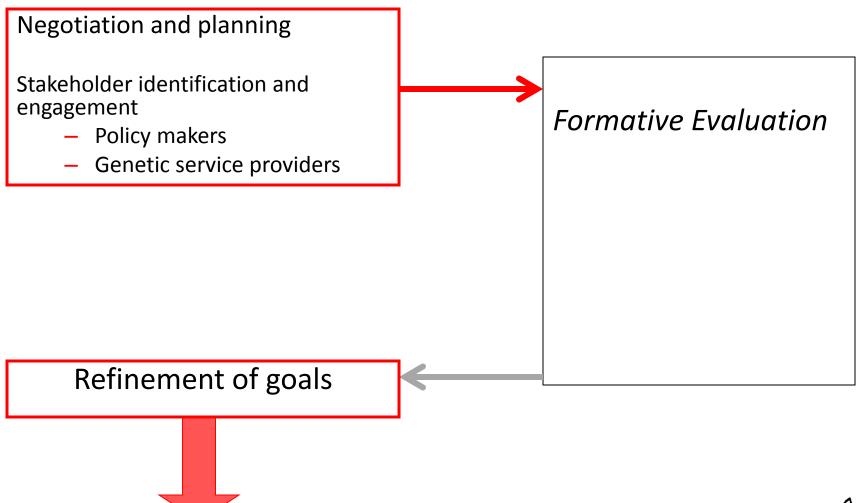
- Have awareness of and use:
 - Genomic educational resources.
 - GEC-KO website and products.
 - Genomic services and tests.
- Have appropriate genomic knowledge and skills/competencies and confidence in those.
- Demonstrate appropriate behaviour/practice with regards to genomics in primary care.
- Have well-informed attitudes toward the appropriate use of genomic tests and genetics services as related to their practice.

GEC-KO (website and resources) will be considered as having high usefulness, utility, functionality and value.

There will be evidence of improved:

- Quality of care in genomic medicine.
- Management of diseases with a genomic component.
- Improved continuum of care from primary care to secondary care to specialist genetics care.

Awareness of education needs and preferences









Genomic medicine in primary care: Survey Summary

Family physicians have:

An established role in genomic medicine and are optimistic about newer developments

Limited confidence in genomic medicine competencies

High interest in educational resources to enable practice







Program Development & Implementation

- Component 1. Written resources
- Component 2. e-Courses/Interactive web teaching & Case-based scenarios
- Component 3. Point of Care (POC) Tools
- Component 4. Website
- Component 5. Models of genetic health service delivery in primary care

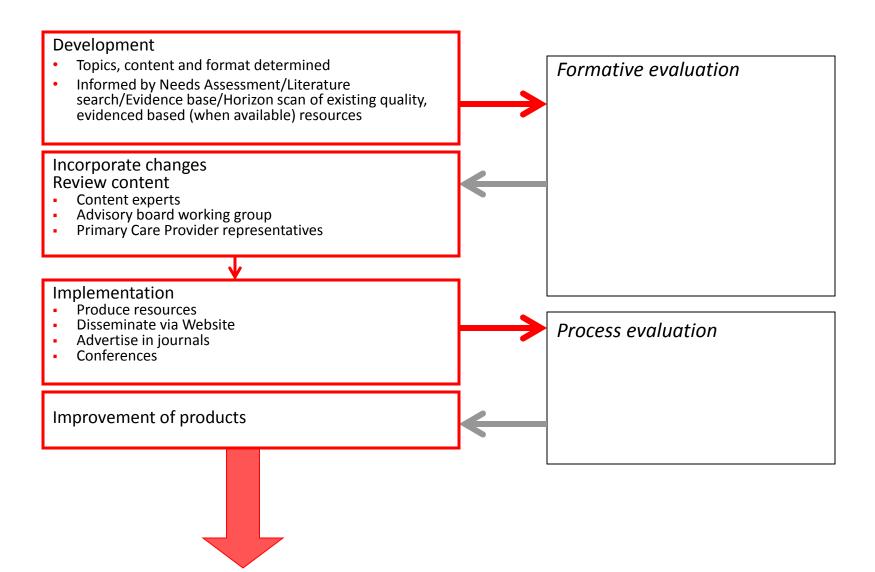
*these are tentative components of the program to be modified based on findings from needs assessment







Component 1: Written Resources



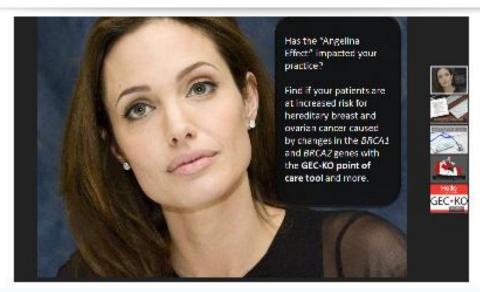


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Point of Care Tools Educational Resources Education Modules Genetics Centres Public Resources News & Events















Family History		-20
Hereditary Cancers		
Hereditary Hemochromatosis		
Hypertrophic Cardiomyopathy	f Care Tools to easily and quickly help identify and ndividuals who may benefit from genetic services	
Ethnicity-based screening in Canada	population risk. See the Main Menu for selection.	
Factor V Leiden		





Part I: Hereditary breast and ovarian cancer referral screening tool to identify patients most likely to benefit from referral to genetics

Part I of this tool is used to predict which individuals should be referred for genetic counselling due to increased risk for a hereditary breast cancer syndrome including but not limited to hereditary breast and ovarian cancer (HBOC) syndrome caused by mutations in BRCAI and BRCA2 genes. Part II of this tool is used to identify individuals who are at high risk to carry a mutation in BRCAI or BRCA2 genes.

 Did any of your first degree relatives (parent, sibling, child) have breast or ovarian cancer? 	Yes 🔲	No 🗖
2. Did any of your relatives have bilateral breast cancer?	Yes 🗖	No 🗖
3. Did any man in your family have breast cancer?	Yes 🗖	No 🗖
4. Did any woman in your family have breast and ovarian cancer?	Yes 🗖	No 🗖
5. Did any woman in your family have breast cancer before the age of 50 years?	Yes 🗖	No 🗖
6. Do you have 2 or more relatives with breast and/or ovarian cancer?	Yes 🗖	No 🗖
7. Do you have 2 or more relatives with breast and/or bowel cancer?	Yes 🗖	No 🗖

Management: With 1 or more positive responses, discuss referral to genetics

This POC tool is based on the Family History Screening-7 (FHS-7) (Ashton-Prolla et al 2009), which was designed for use in primary care settings and demonstrated an overall sensitivity of 97.0% and a specificity of 53.0% for HBOC syndrome. Overall, using as cut point one positive answer, the sensitivity and specificity of the instrument were 87.6% and 56.4%, respectively for hereditary breast cancer syndromes.

Reference: Ashton-Prolla P, Giacomazzi J, Schmidt AV, et al. Development and validation of a simple questionnaire for the identification of hereditary breast cancer in primary care. BMC Cancer 2009; 9:283 Licence: http://creativecommons.org/licenses/by/2.0/





Part II: Red Flags to identify patients at high risk of hereditary breast and ovarian cancer most likely to benefit from referral to genetics

These are general guidelines to identify patients at high risk for hereditary breast and ovarian cancer (HBOC) syndrome. You should consider referring your patient to your <u>local genetics</u> centre or hereditary cancer program for further assessment if s/he has a family or personal history of:

- ▶ Breast cancer diagnosis at a young age (<35-45 years) [both invasive and ductal carcinoma in situ]</p>
- Ovarian cancer at any age [epithelial]
- Male breast cancer
- Multiple primaries in the same individual e.g. bilateral breast cancer (particularly if the diagnosis was before age 50), breast and ovarian cancer
- No Breast cancer diagnosis AND a family history of two or more additional HBOC- related cancers, including breast, ovarian, prostate (Gleason ≥7) and pancreatic cancer
- High risk ethnicity (Ashkenazi Jewish, Icelandic) and a personal and/or family history of breast, ovarian or pancreatic cancer
- ▶ Triple negative breast cancer diagnosed <age 60</p>

OR if s/he has a personal

Probability of 10% or higher to carry a BRCA mutation

Eligibility criteria for genetic testing vary among organizations. In general, criteria are based on clinical features that increase the likelihood of a hereditary cancer susceptibility syndrome.

If possible, the affected individual in the family at highest risk to carry a mutation is offered testing first in order to maximize the likelihood of detecting a mutation.

Testing an unaffected individual should only be considered if an affected individual is not available for testing. There are significant limitations to interpretation of test results in an unaffected individual. Unaffected individuals can be referred for genetic counselling, risk assessment and information. It is important to note that any individual of Ashkenazi Jewish ethnicity or French Canadian ethnicities can be offered genetic testing



A library of resources to help integrate relevant genomic information into practice









Consanguinity

Last updated June 2014

Download the comprehensive Dec-KO Messenger, the quick reference GEC-KO on the run, and/or the point of care for ethnicity-based screening in Canada. Link here for an education module with case-based learning.

Bottom line:

Consanguinity is defined as a union between two individuals who are related as second cousins or closer. The chance for adverse outcome in the offspring of a consanguineous union is an estimate based on family history, degree of consanguinity and background population risk. In general, studies have shown that, when there is no known genetic diagnosis in the family, first cousin unions are at a 1.7-2.8% additional risk above the general population risk of 2-3% to have offspring with a congenital anomaly. The risk for a more closely related union is higher and for a more distantly related union is lower. The best tool for counselling a couple about consanguinity is a detailed family history. Genetic testing based on ethnicity, and standard prenatal screening should be offered as for non-related couples. Referral for genetic consultation can be considered if appropriate based on family history and/or screening results.

- WHAT IS CONSANGUINITY?
- > WHO SHOULD BE OFFERED GENETIC TESTING AND/OR REFERRAL?
- WHAT DOES CONSANGUINITY MEAN FOR MY PATIENT?
- HOW DO LORDER THE GENETIC TEST?
- WHERE DO I REFER MY PATIENT?
- > RESOURCES FOR HEALTH PROFESSIONALS
- > RESOURCES FOR PATIENTS AND THE PUBLIC

Authors: S Morrison MS CGC, JC Carroll MD CCFP and JE Allanson MD FRCPC

GEC-KO Messenger is for educational purposes only and should not be used as a substitute for clinical judgement. GEC-KO aims to aid the practicing clinician by providing informed opinions regarding genetic services that have been developed in a rigorous and evidence-based manner. Physicians must use their own clinical judgement in addition to published articles and the information presented herein. GEC-KO assumes no responsibility or liability resulting from the use of information









Bottom line:

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- WHAT IS CONSANGUINITY?
- > WHO SHOULD BE OFFERED GENETIC TESTING AND/OR REFERRAL?
- WHAT DOES CONSANGUINITY MEAN FOR MY PATIENT?
- HOW DO I ORDER THE GENETIC TEST?

Unless there is a known diagnosis in the family history, likely the only genetic testing offered to your patient will be based on ethnicity.

Ethnicity-based Screening

Certain genetic disorders are more common in populations likely to prefer consanguineous unions (e.g. hemoglobinopathies). Screening for carrier state is recommended in the Canadian Guidelines for Prenatal Diagnosis for individuals belonging to population groups known to have an increased risk for carrying certain genetic disorders. Preconception counselling and testing is recommended in order to arrange for prenatal testing if appropriate. See the GEC-KO Point of Care Tool for more on ethnicity-based screening recommendations in Canada.

Hemoglobinopathies

Hemoglobinopathies are a group of inherited disorders that result in abnormal production of the hemoglobin protein due to mutations in the genes responsible for the protein's building blocks, a-globin and/or b-globin.

Thalassemias are due to decreased production of a- or b-globin chains and sickle cell disorders are due to the production of a structurally abnormal b-globin chain. Hemoglobinopathies are common in individuals whose ancestors are from regions where malaria is endemic. It is recommended that all pregnant women from an ethnic background at increased risk of hemoglobinopathy and/or thalassemia (Table 1) be screened by both CBC, to assess the MCV and MCH, and









CONSANGUINITY

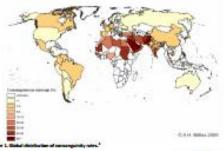
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Fourth degree relatives where Fx1/82	200	300







GEC*KO on the run

GEC-KO on the run

Alzheimer disease

Chromosomal microarray Colorectal Cancer – Lynch

syndrome

Consanguinity

Diabetes Type 2

Direct-to-Consumer Genetic

Testing

Factor V Leiden - Inherited

Thrombophilia

Hereditary Breast and

Ovarian Cancer (BRCA1/BRCA2)

Hereditary Hemochromatosis

Huntington Disease

Hypertrophic cardiomyopathy

Non-invasive prenatal testing

Multiple Sclerosis

Pharmacogenomics -

Codeine and Breastfeeding

Prenatal Chromosomal

Microarray

Schizophrenia

GEC-KO Messengers

Consanguinity

Factor V Leiden - Inherited

Thrombophilia

Non-invasive prenatal testing



Download the Tenglish PDF here or download the PDF en français here. Link here for an education module with case-based learning here.

Non-Invasive Prenatal Testing (NIPT) is a screening test to prenatally detect Down syndrome and other aneuploidies. NIPT assesses fragments of cell-free DNA (cfDNA) that are circulating in maternal blood to determine if there is an increased chance that the fetus has aneuploidy. NIPT should be considered in pregnancies at increased risk of aneuploidy. NIPT has higher sensitivity and specificity for Down syndrome (trisomy 21) and trisomy 18 than current screening tests – First Trimester Screening (FTS)/Integrated Prenatal Screening (IPS)/ Maternal Serum Screening (MSS) – however it is not considered to be diagnostic. Positive results should be confirmed by diagnostic testing (amniocentesis or chorionic villus sampling) prior to any irrevocable action. Negative results may indicate additional follow-up testing and consultation. In Ontario, the Ministry of Health will approve out-of-country funding in certain circumstances. Women who do not meet criteria can pay for NIPT themselves. Price varies by company (~500\$).

Updated Dec 2015

Updated May 2016 *new* Ministry of Healthy Funding for NIPT in British Columbia and Ontario. Instructions, requisition, links and more below.

WHAT IS NON-INVASIVE PRENATAL TESTING?

Non-invasive prenatal testing (NIPT) is a **highly sensitive and specific** way to **screen** for particular chromosome aneuploidies (an abnormal chromosome number (extra or missing)), in particular trisomies 13, 18 and 21/Down syndrome. NIPT can also be used for sex chromosome identification for the purpose of fetal sex determination where there is increased risk for an X-linked disorder or a sex chromosome abnormality.

NIPT assesses fragments of cell-free DNA (cfDNA) derived from the placenta that are circulating in maternal blood and represent the fetal genetic profile. CfDNA from the pregnancy comprises approximately 10% of DNA in maternal blood and the amount increases with gestational age. Companies offering NIPT use various technologies to analyze cfDNA. Some detect higher relative amounts of DNA from an angual fetus by comparing quantity to a reference chromosome.









NON-INVASIVE PRENATAL TESTING

Nandrousier Prenatal Testing (MPT) is a screening test to prenatally detect Descriptioner and other annufation. MPT assess to generic at either e DNS (MPNS) that are simulating in maternal bland to determine if there is an increased disease that the felse has amountainly lift indust its excitation of in page at increased risk of annuplisidy. NPT has higher sensitivity and specificity for Down syndrome (brisany 21) and binarry 18 than surrout surrouing tests - First Trimester Economing (FTE/Integrated Provated Economing (FTE/ Unional leave for enting (MII) - houses it is not considered to be diagnostic. <u>Positive</u> results should be conferred by diagnostic testing (ameticontests or chartests offer compiling) prior to any investable action. Negative results may indicate additional following testing and consultation. We men who do not meet extent pay for ISPT themselves. Price caries by company (798)-1, 200).

West is Non-Invasive Persetts, Testing?

Nanvincedor prenalal lexing [NPT] is a highly sensitive and specific way in seven for particular disconnections arroughtiles (as disconne disconnection resultor (points or mixing)), in particular histories 13, 23 and 21/20am syndrams. NPT can also be used for our observance identification for the purpose of final are determination.

NPT assesses fragments of soft-free DNA (s/DNA) derived from the placents that are simulating in maternal blo and represent the field greets profile. CDMA from the programs; comprises approximately 20% of DMA in making filesed and the amount increases with profileses age. Comparing aftering 1027 on ordinar inclinatelysis to analyse CDMA. Earne detail lighter relation amounts of DMA from an amountain file facility comparing on the format of the comparing the DNB sequences found on orbit stramatumes (18, 18, 21, 1, 1). Others sequence and analyse single-mathetistic palymarphisms (EVPs) is differentiate between maternal and fetal genetypes. NPT is a maniferantie test performed on a maternal blood cample that power on risk to programsy. Testing can be carried out as early as 8 ments prolation. A dating ultransural is recommended prior to throsting the blood sample to ensure visibility, obtain an assurate gradulateral age, and to exclude multiple programmes.

NPT validation studies in high risk populations have demonstrated high pick-up rates/sensitivity for the detection of Dean syndrome (sensitivity 69-200 M), binamy 18 (sensitivity 67-200M), binamy 18 (sensitivity 79-61M) and ses shownsome differences. False positive rates are reported to be less than 2% owners. Early studies suggest that the position prediction value (PPV) of NPT in an unselected, general abstrated population (low risk) is about GNL for Down syndrome Junior about IN for standard surrosing) and about IDS for trisony 16 Junior about IN for standard screening). The FFV appears to be significantly higher in high risk populations. A number of commer [488] have required a reposit blood show due to initial test father. Next studies have commercial difficulties.

At the present time, it is recommended that all names under age © at estimated date of both (CDI) be offered presented uncoming, using FTE, PE or MIN. If a unman is surrors position, NFT may be considered as a unusualary samen of higher smalledly. Werners (Dynam or older at 100 can be offered NPT as a first samen for analyti NPT is not a replacement for diagnostic prenatal tenting. A positive NPT result should be confirmed by diagnosis testing (anniconstruit or shortenis offer compley (CVL) prior to any invasculate action. The experienced in 1677 will be from common undergoing crossday invasive diagnosis tests acceptated with a risk of

NPT is undered by a healthcare professional. Some genetics services are essentifing patients about this testing option, and some are also organising beding for patients who have been referred because of a high risk indication. All patients should have pre- and positive sourceling to ensure informed decision making and followays.







GEC•KO

Fire track to consider texting on general consultation

NPT has been validated for use to women determined to be at high risk of having a fetus with certain annual (Manny 18, 18, 21 and 5 and 7 detection). Consider discussing NOT as an option for women who

- Are of advanced maternal age, defined as 60 years of age or older at 108.
- Have a feld marked translatency (NT) measurement of Lifere or greater
- Here had a previous pregnancy or shild with annuplisity
- Hore feld congenital anomalies on ultrasound highly suggestion of inhomy 11, 33 or 21.
 Hore soft markets on ultrasound which are highly suggestion of anougholdy (Refer to 1995) authorize.
- As at the elements a male below with an Extend condition (EFF) would be used by you determination!

As each prenated genetics centre has cartable referred criteria and practice, abnormalities seen on efficienced (e.g., tangential anomalies, NT 2. Librar or either soft marken, should be discussed with <u>your legal country</u> be deside whether a referred is appropriate, whether NPT should be offered first, or if additional leading should be

Depending on the company, results may be worded as positive or negative; an exploitly defected, no an exploitly detected or annuplicity suspected/banderline value; or high risk or less risk.

Results typically take approximately 8-10 days.

- - same companies are now adding screening for other triumies and certain microdelets syndrames, addition of these sare conditions to the test increases the false positive rate and
- decreases the positive predictive value = sampletely rule out annualisty

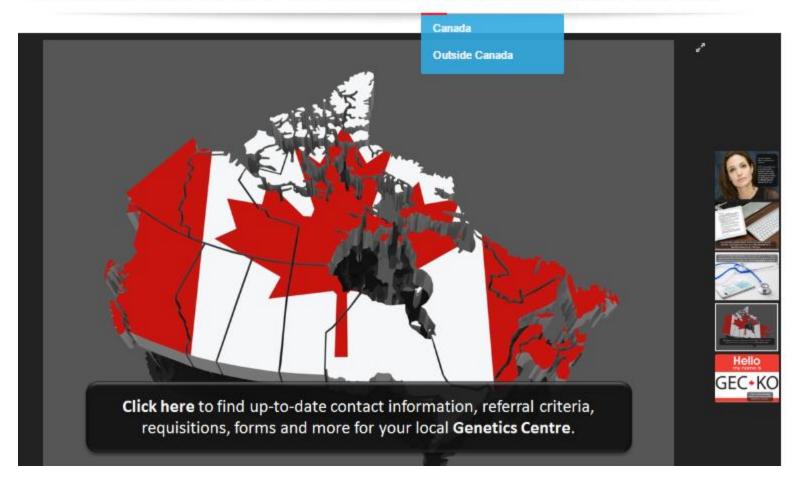






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Updated May 2016

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CALGARY

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Lethbridge Phone: (403) 388-6652 Fax: (403) 328-5934
Elnora/Drumheller Phone: (403) 773-3636 Fax: (403) 777-3949







Contact information

Requisition

Referral criteria

Special instructions

Education Modules

Prenatal and Preconception Genetics

Adult Genetics

Pedatric Genetics

General Genetic Counselling

Prenatal and Preconception Genetics

These seminars use a primary care case-based approach to discuss new advances in genomics and how they impact practice.

Consanguinity (Nov 2015)

Non-Invasive Prenatal Testing (NIPT) with microdeletions (Nov 2015)

Prenatal Chromosomal Microarray (Nov 2015)

Expanded carrier screening (May 2016)

Consanguinity (Nov 2015)

Additional resources in GECKO Messenger, GECKO on the run and Point of Care tools in ethnicity-based screening. Following this session the learner will be able to:

- Refer to their local genetics centre and/or order genetic testing appropriately regarding consanguinity
- Discuss and address patient concerns regarding consanguinity
- Find high quality genomics educational resources appropriate for primary care

Non-Invasive Prenatal Testing (NIPT) with microdeletions (Nov 2015)

Additional resources in GECKO on the run with English and French documents Following this session the learner will be able to:

Appropriately refer to their local genetics centre and/or order non-invasive prenatal testing (NIPT)

POT TO THE POT TO THE REPORT

- Learning modules on various genomic topics
- Case-based learning
- Can be used by educators to facilitate teaching or by individuals motivated to learn more about genomic topics







In-person Seminar Topics

General:

- Familial hypercholesterolemia (2016)
- Hereditary hemochromatosis (2013, 2014, 2015)
- Alzheimer disease (2014, 2015)
- Multiple sclerosis (2014, 2015)
- Factor V Leiden (2014)
- Autism, developmental delay, intellectual disability and Introduction to chromosomal microarray (2013, 2014)
- Direct-to-Consumer genetic testing (2013, 2014, 2015, 2016)

Cancer:

- Lynch syndrome (2013, 2014, 2015)
- Hereditary breast and ovarian cancer syndrome (2015, 2016)

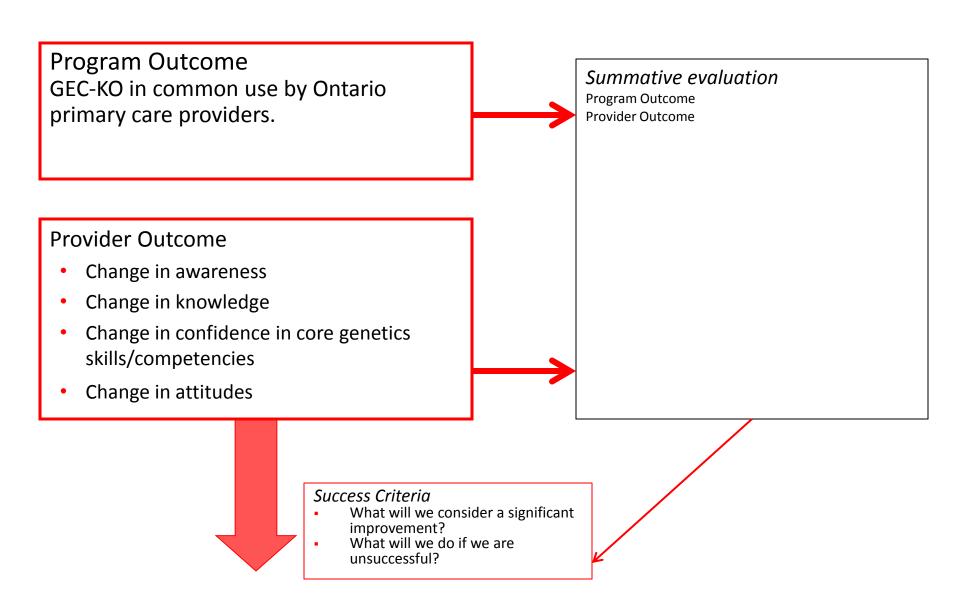
Cardiogenetics:

- Hypertrophic cardiomyopathy (2014)
- Long QT syndrome (2016)

Prenatal & preconception:

- Non-invasive prenatal testing (NIPT/cfDNA) (2013, 2014)
- NIPT with microdeletions (2015)
- Prenatal chromosomal microarray (2015)
- Expanded carrier screening (2016)
- Consanguinity (2015)

Short-term outcomes



Evaluation

What we have done

In our research, we have evaluated our tools by assessing knowledge, confidence in core genetics skills, vignette management and reflective e-learning

- Carroll JC, Wilson BJ, Allanson J et al., GenetiKit: a randomized controlled trial to enhance delivery of genetics services by family physicians. Fam Pract 2011
- Carroll JC et al. Efficacy of an educational intervention on family physicians' risk assessment and management of colorectal cancer. J Community Genet 2014
- Carroll JC, Grad R, Allanson J et al., The Gene Messenger Impact Project:
 An innovative Continuing Education Strategy for Primary Care Providers.

 JCEHP 2016







Evaluation

What we are doing

- Seminar evaluation
 - Usefulness of information, relevance
 - Impact on practice; change and improvement
- Participation in research trials which incorporate our resources
- Google and Piwik analytics







Evaluation

What we have yet to do

- Evaluate skills
 - Chart audit for family history completeness



- Audits of referrals to genetics and other specialist services
- Audits of appropriateness/completeness of genetic tests ordered by primary care providers
- Repeat our needs assessment survey (summative evaluation)
 - Improved knowledge, awareness, confidence in competencies, attitudes toward genomic medicine





Gaps where additional or modified training experiences would be helpful

- Genomics education needs to be relevant and applicable to the learner's practice (adult learning principles)
- Resources need to be tailored to the learner's needs not necessarily those perceived by the educator
- Ongoing support and resources are needed to support a learner's experience
- Integration into the electronic health record with clinical decision support is needed





Thank you!

Questions?

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